#### 30% Increase in Muscle Strength<sup>®</sup> WHEY PROTEIN + LEUCINE GROUP CARB PLACEBO GROU 20% 25% 30% PERCENT CHANGE "An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo 1 SET + AMPLIFIED WHEYBOLIC EXTREME 60<sup>™</sup> ORIGINAL = 2 SETS!<sup><</sup> In a clinical study using a reduced SUPPLEMENT + 1 SET volume resistance training protocol, the anabolic module in Amplified Wheybolic Extreme 60<sup>™</sup> Original has been clinically shown to provide the same gains in maximum muscle strength and stamina doing one set while using Amplified Wheybolic Extreme 60<sup>™</sup> Original when compared to two sets of the same amount of training without supplementation.\*\* When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength. Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied. <sup>‡</sup>Per 3 scoop serving. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 SHOP NOW @ GNC.COM Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

## GNC PRO PERFORMANCE®

# AMPLIFIED **WHEYBOLIC** EXTREME 60 ORGINAL

- Formulated Exclusively with Whey Protein Isolate & Hydrolysates
- Fuels a 30% Increase in Muscle Strength<sup>□\*</sup>
- Increases Strength & Stamina with Half the Sets<sup>◊□</sup>\*



CLINICALLY RESEARCHED

## SALTED CARAMEL

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT Net Wt 47.37 oz (2.96 lb) 1343 a

#### Supplen Serving Size 1 Scot

Servings Per Container mount Per Servin

alories otal Fat Saturated Fat holesterol otal Carbohydrate Total Sugars alcium odium otassium mino Acids

Arginine (as Whey Protein Isolate, Micronized L-Arginine, Hydrolyzed Whey Protein), Glutamic Acid & Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Glutamine) eucine

(as Whey Protein Isolate, L-Leucine, Hydroly -Carnitine (as I -Carnitine Tartrate) mino Acceleration System Enzyme Matrix<sup>™</sup> Blend (Amylase, Protease Beta-Glucanase, Phytasel, Peptidase, Alpha

Protease 3.0, Lipase, Protease AM, Invertas (Maltodextrin, Amylase, Cellulase. Hemicellu Percent Daily Values are based on a 2.000 Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein) Natural and Artificial Flavors, Polydextrose, Lecithin, Salt, Xanthan Gum, Titanium Dioxide, Sucralose, Cocoa (Processed with Alkali), Acesulfame Potassium. **CONTAINS: Milk and Soybeans.** WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur. Aminogen<sup>®</sup> and Carbogen<sup>®</sup> are registered trademarks of Innophos Nutrition, Inc. CereCalase<sup>®</sup> is a registered trademark of National Enzyme Company, Inc. Enzyme Matrix™ is a GNC Trademark.



CODE 386541 JRG DIRECTIONS: As a dietary supplement, consume 1-3 scopps of GNC Pro Performance<sup>®</sup> AMP Amplified Wheybolic Extreme 60<sup>th</sup> Original in 4, 8 or 12 fl oz of cold water, respectively, before and/or after exercise. This product can also be consumed first thing in the morning and/or between meals. For extreme results, consume the full 3 scoop serving twice per day in conjunction with your exercise program.

	<b>e 1</b> 6.3 g)			F a 2-7 g)	3 Scoops		
JOP (2	51 51	2 000	ops (5	25 g) 25	3 3000pa	17	
6 Daily Value			% Daily Value		% Daily Value		
90		3 3	180	- 10	270		
	_		0.5 g	1%†	1 g	1%†	
	_				0.5 g	3%†	
mg	3%	2	0 mg	7%	30 mg	10%	
2 g	1%†		4 g	1%†	6 g	2%†	
<1 g	*		1 g	*	2 g	*	
20 g			40 g		60 g		
mg	9%	24	0 mg	18%	360 mg	28%	
mg	5%	25	0 mg	11%	370 mg	16%	
mg	3%	25	0 mg	5%	370 mg	8%	

8.66 g \* 13 q 4.33 a

i6 g	*	5,13 g	*	7.7 g	
lyzed W	hey Protei	n)			
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mg	*	15 <mark>8 mg</mark>	*	239 mg	
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		Glucoamylase, I			
se, Lact	ase), Prot	ease Aminogen	<sup>®</sup> , Carbo	gen®	
lulase)					
		-			
calorie	diet.				

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency Opt (WADA) Prohibited List via LCC skip lot testing protocol #ICP0307. See gnc.com for more information.

Typical Amounts of Key Amino Acids Per 3 Scoop Serving to Support Optimal Muscle Growth and Development\*\*

15g of BCAA	45g of Muscle Supporting Amino Acids			
LEUCINE	GLUTAMIC ACID & GLUTAMINE	ALANINE		
ISOLEUCINE	ASPARTIC ACID	PHENYLALANINE		
VALINE	LYSINE	TYROSINE		
	THREONINE	CYSTINE		
	ARGININE	METHIONINE		
	PROLINE	TRYPTOPHAN		
	SERINE	GLYCINE		
		HISTIDINE		

## at is Amplified Wheybolic Extreme 60™ Original?

Looking for a protein that will help AMPlify your game? When it comes to enhancing your strength, size and stamina, nothing complements your training regimen like Amplified Wheybolic Extreme 60<sup>™</sup> Original! It is GNC's top protein formula with a base of whey and leucine – proven in clinical studies to give you a 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency. body – premium protein for ADVANCED MUSCLE PERFORMANCE.\*\*

### mnlified Wheybolic Extreme 60™ Original Evolution

How is this protein AMPlified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product...

#### lighly Effective Whey-Leucine Base

The impressive 60 grams of protein<sup>‡</sup> are made entirely from two of the highest-quality, fast-absorbing forms of whey protein - isolates and hydrolysates. With 7.7 grams of leucine, this creates an ideal environment for muscle protein synthesis.\*\* This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.\*\* In fact, the whey and leucine blend in Amplified Wheybolic Extreme 60<sup>™</sup> Original has been shown to increase muscle strength and stamina with half the sets.<sup>⇔⊡</sup>\*

#### Micronized Amino Acids

Using MicroSorb<sup>™</sup> Amino Technology, the amino acids added to this formula are pulverized, or micronized, from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.\*\*

#### More Kev Aminos

In addition to a whopping 7.7 grams of leucine, this formula is loaded with an array of aminos necessary for your muscles.<sup>‡</sup> This complex blend of amino acids delivers 3.4 grams of arginine, which is involved in creatine synthesis, and 9.6 grams of glutamic acid & glutamine supporting anabolic effects.\*\* The amino acid L-carnitine is included to help transform fatty acids into energy for muscles and the body's energy production system."

Wheybolic Extreme 60<sup>™</sup> Original features an Amino Acceleration System - a digestive enzyme blend with proven bioactivity. This proprietary enzyme blend provides a 12% greater protein breakdown for improved amino acid uptake.°\*