

## 8 oz Balanced CalMag

**SUGGESTED USE:** Individual needs may vary. Start with 1 slightly rounded teaspoon (or less) daily and gradually increase to 3 rounded teaspoons. When bowels are comfortably loose, this is the optimal amount.

**DIRECTIONS:** Place powder in a glass or mug; add approx. 1 oz of hot water and stir until dissolved. Fill glass with warm water and enjoy like a hot tea.

For children under 4, for pregnant or lactating women, or if you have kidney problems or are currently on medication, consult with your doctor.

Keep in a cool, dry place.

Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

© 2015 Natural Vitality. All rights reserved.

# NATURAL VITALITY®



## Raspberry-Lemon Flavor

BALANCED

# CalMag



**A Relaxing Calcium-Magnesium Drink  
with a balanced 1:1 ratio**

8 oz / 226 g

DIETARY SUPPLEMENT



Raspberry-Lemon Flavor

### Supplement Facts

Servings Size: 3 teaspoons (8 g)  
Servings per Container: 28

Amount per Serving	% Daily Value	
<b>Calcium</b>	<b>275 mg</b>	<b>27</b>
<small>(as elemental calcium gluconate)</small>		
<b>Magnesium</b>	<b>275 mg</b>	<b>68</b>
<small>(as elemental magnesium citrate)</small>		

**Ingredients:** Calcium gluconate and magnesium citrate (a proprietary blend of citric acid and magnesium carbonate, which creates ionic magnesium citrate), organic raspberry and lemon flavors, and organic stevia.

**GLUTEN-FREE • VEGAN FORMULA • GMO-FREE**

Contains no yeast, dairy, egg, gluten, soy, wheat, sugar, starch, preservatives or artificial color or flavor.

Distributed by **NATURAL VITALITY**

*Nurture Your Inner Nature*

12200 Anderson Mill Road, Austin, TX 78726  
Customer Service: 866-416-9216

[www.naturalvitality.com](http://www.naturalvitality.com)  
[www.organicconnectmag.com](http://www.organicconnectmag.com)

Amount of product in bottle is based on weight.  
Some settling may occur.



[Product No. 2734.0002] BPA-free bottle