## Scan for product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) capsules once or twice daily, or as recommended by a healthcare practitioner. This product can be taken on an emply stomach with water or juice in the morning in divided doses or all at once.

Optimized Carnitine with GlycoCarn<sup>®</sup> contains the most advanced forms of carnitine: Acelyl L-Carnitine (ALC), Acelyl L-Carnitine Arginate, and Glycine Propionyl L-Carnitine (APLC). The inclusion of GlycoCarn<sup>®</sup> in Optimized Carnitine with GlycoCarn<sup>®</sup> creates a synergistic combination that supports muscular and cardiovascular function and counteracts fatique.\*

#### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
   When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

GlycoCarn® and ArginoCarn® are registered trademarks of Sigma-tau HealthScience, Inc. and are protected by Sigma-tau U.S. patent # 6,703,042 and worldwide patent EP1202956. The combination of multiple forms of Carnitine is protected by

Sigma-tau patent # 6,245,378.

Store tightly closed in a cool, dry place.



# **LifeExtension**

# Optimized Carnitine



Promotes Cellular Energy Production Naturally\*

Dietary Supplement 60 Vegetarian Capsules

### Supplement Facts Serving Size 2 Vegetarian Capsules • Servings Per Container 30

 Amount Per Serving
 % Daily Value

 Acetyl L-Carnitine HCl
 800 mg
 \*\*

 ArginoCarn®
 300 mg
 \*\*

 Acetyl L-Carnitine Arginate Di-HCl
 GlvcoCarn® Glvcine
 300 mg
 \*\*

Other ingredients: vegetable cellulose (capsule), dicalcium phosphate, silica, vegetable stearate.

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

Propionyl L-Carnitine HCI

\*\*Daily Value not established.

info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product information,
contact 1-866-280-2852

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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