Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take four (4) softgels twice daily with meals, or as recommended by a healthcare practitioner.

IFOS™ certification mark is a registered trademark of Nutrasource Diagnostics, Inc. These products have been tested to the quality and purity standards of the IFOS™ program conducted at Nutrasource Diagnostics. Inc.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeExtension

OMEGA FOUNDATIONS®

Super Omega-3

EPA/DHA with Sesame Lignans & Olive Extract

MOLECULARLY DISTILLED



Small, Easy-to-Swallow Softgels

Dietary Supplement



240 Softgels

Supplement Facts

 Serving Size 4 Softgels ● Servings Per Container 60

 Amount Per Serving
 % Daily Value

 Calories
 25

 Calories from Fat
 25

 Total Fat
 2.5 g
 4%¹

 Cholesterol
 <5 mg</td>
 2%¹

 Pure+™ Wild Fish Oil Concentrate
 2000 mg

 Yielding: EPA (eicosapentaenoic acid)
700 mg

500 ma

Typical DPA (docosapentaenoic acid) . .50 mg

Polyphen-Oii" Olive extract (fruit and leaf) 300 mg
[providing 19.5 mg polyphenols, 5.2 mg
hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]

Sesame seed lignan extract 10 mg

**Daily Value not established.

DHA (docosahexaenoic acid) . .

1% Daily Value is based on a 2000 calorie diet.

Other ingredients: highly refined fish oil concentrate (Alaska Pollock), gelatin, glycerin, purified water, silica, natural flavor, sunflower lecithin, caramel color, mixed tocopherols, rosemary extract, maltodextrin.

Non-GMO

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product
information, contact 1-866-280-2852.