



### GRENADE® CARB KILLA:

A HIGH PROTEIN<sup>\*\*\*</sup>, TRIPLE LAYERED, CARAMEL FLAVORED BAR WITH 23g OF PROTEIN. WITH 1g OF IMPACT CARBS<sup>\*\*</sup>, CARB KILLA IS A CONVENIENT WAY TO CONSUME ADDITIONAL PROTEIN BETWEEN MEALS WITHOUT ADDING UNWANTED CARBS.

THIS INFORMED-CHOICE PRODUCT HAS UNDERGONE STRINGENT TESTING TO ENSURE IT IS SAFE FOR USE BY MILITARY PERSONNEL AND PROFESSIONAL ATHLETES.

• HIGH PROTEIN<sup>\*\*\*</sup> BAR - 23g PROTEIN PER BAR

• ONLY 1g OF IMPACT CARBS<sup>\*\*</sup> PER BAR

• ONLY 1g OF SUGARS PER BAR

\*\* IMPACT CARBS DEFINED AS SUGARS

\*\*\* PROTEIN CONTRIBUTES TO THE GROWTH AND MAINTENANCE OF MUSCLE MASS



# GRENADE® CARB KILLA™



12-2.12oz Bars (NET WT. 25.44oz)

HIGH PROTEIN BAR WITH A CARAMEL FLAVORED TOPPING, COATED IN CHOCOLATE WITH MILK AND SWEETENER

FOR BEST BEFORE DATE, SEE REVERSE

## Nutrition Facts

Serving Size 1 Bar (60g)  
Servings Per Container 12

Calories 210  
Calories from Fat 70

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Potassium</b> 35mg	<b>1%</b>
Vitamin A 0%	Vitamin C 0%

Amount Per Serving	% Daily Value*
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 7g	<b>28%</b>
Sugars 1g	
Sugar Alcohol 11g	
<b>Protein</b> 23g	<b>46%</b>
Calcium 15%	Iron 4%

**INGREDIENTS:** Milk protein (calcium caseinate, milk protein isolate, whey protein isolate), Chocolate (maltitol, cocoa butter, whole milk powder, cocoa mass, emulsifier (soy lecithin), natural and artificial flavors), polydextrose, gelatin hydrolysate, glycerol, soy crisps (soy protein isolate, tapioca starch, salt), soy crisp (soy protein isolate, fat reduced cocoa, tapioca starch), cocoa butter, soy oil, palm fat, xylitol, sucralose, skimmed milk powder, natural and artificial flavors, fat reduced cocoa, salt, emulsifier (soy lecithin).

**ALLERGENS; MILK, SOY MANUFACTURED IN A FACILITY THAT ALSO PROCESSES GLUTEN, TREE NUTS, PEANUTS, WHEAT AND EGGS.**

GRENADE® CARB KILLA SHOULD BE CONSUMED AS PART OF A BALANCED DIET. PRODUCT CONTAINS MORE THAN 10g/100g POLYOLS. EXCESSIVE CONSUMPTION MAY CAUSE LAXATIVE EFFECTS

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**STORAGE CONDITIONS:** STORE AT A TEMPERATURE RANGE OF 60° TO 72°F, AWAY FROM DIRECT SUNLIGHT, EXTREMES OF HEAT CHANGE, ODOR & HUMIDITY.

GRENADE® IS MANUFACTURED AND PACKAGED TO THE HIGHEST STANDARDS ON BEHALF OF GRENADE® USA, LLC. DISTRIBUTED BY: GRENADE® USA, LLC 2385 NW EXECUTIVE CTR. DR. #100 BOCA RATON, FL 33431

CONTENTS MADE IN THE NETHERLANDS  
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Note for tested athletes: This version is registered with the Informed-Choice program and therefore suitable for use by drug tested athletes and military personnel.  
[www.informed-choice.org](http://www.informed-choice.org)

GRENADE® IS A REGISTERED TRADEMARK.

