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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

**CAUTION:** If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



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# LifeExtension®

## Natural Vitamin E

400 IU



Derived from Sunflower Oil

Dietary  
Supplement

90 Softgels

### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol from sunflower oil)	400 IU	1333%

Other ingredients: gelatin, glycerin, purified water.

Non-GMO

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, Florida 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.