

**Suggested Use:** For aromatherapy use. For all other uses, carefully dilute with a carrier oil such as jojoba, grapeseed, olive, or almond oil prior to use. Please consult an essential oil book or other professional reference source for suggested dilution ratios.

**Natural essential oils are highly concentrated and should be used with care.**

**Caution:** Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult your healthcare practitioner before using. Do not use on skin. Reacts strongly to sunlight and other sources of ultraviolet light.

**now**<sup>®</sup>  
*essential oils*



100% pure  
**grapefruit**  
*Citrus paradisi*

Net 1 fl. oz. (30 mL)

**Ingredients:** 100% pure grapefruit oil.

**Aroma:** Sweet, citrus.

**Benefits:** Purifying, cheerful, uplifting.

**Summer Fun Blend:**

Add 1 drop each of lavender oil, peppermint oil and grapefruit oil to a diffuser and enjoy.

**Extraction Method:**

Cold Pressed from fresh fruit peel.

**Purity Tested/Quality Assured**

Manufactured by NOW Foods  
Bloomington, IL 60108, U.S.A.  
www.nowfoods.com



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