Suggested Usage: Take 3 capsules daily. NOW@ Glucosamine & Chondroitin with MSM combines three of the best known nutrients available for the support of healthy joints in one dietary supplement.\* Scientific studies have demonstrated that Glucosamine and Chondroitin can promote normal joint mobility and comfort.\* MSM is present as a naturally occurring sulfur compound for optimal nutritional support for the production of healthy joint structures.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Persons with a known allergy to shellfish should not use this product. For adults only. Consult physician if pregnant/hursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle. Natural color variation may occur in product. Store in a cool, dry place after opening. Please Recycle.

Glucosamine & Chondroitin with MSM

Joint Health\*

Joint Mobility and Comfort\*





A Dietary Supplement

## **General Health**

Family owned since 1968.

## **Supplement Facts**

Serving Size 3 Capsules Servings Per Container 60 Amount % Daily Per Serving Value Calories 10 Total Carbohydrate 2 a < 1%\* Sodium 150 ma 6% Glucosamine Sulfate 1.1 g (1,100 mg) (from 1,500 mg Glucosamine Potassium Sulfate Complex) Chondroitin Sodium Sulfate 1.2 g (1.200 mg) (from Bovine Cartilage) MSM (Methylsulfonvlmethane) 300 ma \* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish). NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.