

Umcka® FastActives™



COLD+FLU
BERRY FLAVOR

NDC 53499-5349-0



HOMEOPATHIC

Umcka® FastActives™

RAPIDLY MELTS IN MOUTH



COLD+FLU RELIEF
MULTI-ACTION FORMULA

Minor Aches/Pains*, Congestion, Cough,
Fever*, Runny Nose, Sore Throat

POWDER PACKETS



10 PACKETS • Suitable for Children • Non-Drowsy

BERRY FLAVOR

TAMPER EVIDENT: Packaged in individually sealed packets. Do not use if packets are broken or torn.

*These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.

Questions? 1-800-9NATURE or www.naturesway.com

Drug Facts (continued)

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Drug Facts

Active ingredient (in each packet)

<i>Pelargonium sidoides</i> 1X.....	Shortens duration/reduces severity of upper respiratory symptoms
<i>Aconitum napellus</i> 4X, <i>Eucalyptus globulus</i> 2X.....	Pain reliever/fever reducer*
<i>Bryonia</i> 4X, <i>Eupatorium perfoliatum</i> 2X.....	Cough suppressant*
<i>Gelsemium sempervirens</i> 4X, <i>Phosphorus</i> 6X.....	Sneezing/runny nose/sore throat*
<i>Ipecacuanha</i> 3X.....	Nasal decongestant*

Purpose

Uses

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations, and temporarily relieves flu symptoms:

- | | | | |
|-----------------|--------------------------|-----------------------|---------------|
| ■ chills/fever* | ■ congestion/stuffy nose | ■ cough | ■ headache |
| ■ hoarseness | ■ minor aches/pains* | ■ sneezing/runny nose | ■ sore throat |

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea or vomiting, consult a doctor promptly.

Ask a doctor before use if you have ■ a cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema, or is accompanied by excessive phlegm (mucus).

Stop use and ask a doctor if ■ new symptoms occur, symptoms worsen or do not get better within 7 days ■ fever worsens or lasts more than 3 days ■ cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions

- Tear packet open, pour contents into mouth and swallow. For best results, use at first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.
- **Adults & children 12 years of age and older:** take contents of 1 packet 4-5 times daily.
- **Children 6-11 years of age:** take contents of 1 packet 2-4 times daily.
- **Children under 6 years of age:** consult a doctor.

Other information Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, lactose, malic acid, maltodextrin, natural berry flavor with other natural flavors, natural raspberry flavor, silica, xylitol.