



WHAT RAW MEANS

No high heat, synthetic binders, fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets.



NON-GMO VERIFIED

Independent, third party verification.



WHOLE FOOD

RAW Food-Created Nutrients™ are blended in a base of organically grown fruits and vegetables together with food cofactors.



VITAMIN ANGELS

THANK YOU! By purchasing this Vitamin Code® product, you are helping us pay the nutrition forward to children and their parents at risk of malnutrition and disease.

www.GardenofLife.com/VitaminAngels



We Buy 100% Certified Renewable Energy



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VITAMIN CODE® 50 & WISER WOMEN

is a comprehensive whole food multi-nutrient formula specifically formulated to meet the unique needs of women over 50, providing the nourishment the body craves to maintain optimal health and well-being.†

23 organically grown fruits and vegetables add supporting antioxidants, vitamins and nutrient cofactors.

- ▶ Breast and Thyroid Health†
- ▶ Bone Strength†
- ▶ Healthy Heart and Blood Pressure†
- ▶ Live Probiotics and Enzymes Support Healthy Digestion†

†To help maintain blood pressure levels already within the normal range.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VITAMIN CODE®

50 & WISER WOMEN

RAW WHOLE FOOD
MULTIVITAMIN

LIVE PROBIOTICS & ENZYMES

NO BINDERS OR FILLERS



240 VEGETARIAN CAPSULES

WHOLE FOOD DIETARY SUPPLEMENT

Suggested Use: Adults take 4 capsules daily. Best when taken 2 capsules twice a day. May be taken with or without food. Capsules may be opened and contents may be added to water or raw juice. Not intended for children.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	10	Vanadium*	10 mcg +
Total Carbohydrate	1 g 1%	Boron*	1 mg +
Protein	1 g 2%	Organic Moringa (leaf) containing mixed Carotenoids	10 mg +
Vitamin A* (as beta-carotene)	6,000 IU 120%	Organic Vitex (seed) containing mixed Tocopherols	4 mg +
Vitamin C*	60 mg 100%	RAW Organic Fruit & Vegetable Blend	680 mg +
Vitamin D* (as D3)	1,000 IU 250%	Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)	
Vitamin E*	30 IU 100%	RAW Probiotic & Enzyme Blend	40 mg +
Vitamin K*	50 mcg 60%	Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, [Lactobacillus bulgaricus, Lactobacillus plantarum] (500 Million CFU), Saccharomyces cerevisiae	
Riboflavin* (Vitamin B2)	4 mg 240%	RAW Antioxidant & Immune Support Complex	21 mg +
Niacin*	20 mg 100%	RAW Food-Created Glutathione, RAW Food-Created SOD (Superoxide Dismutase)	
Vitamin B6*	4 mg 200%	CoQ10*	425 mcg +
Folate*	400 mcg 100%		
Vitamin B12* (as Methylcobalamin)	200 mcg 3330%		
Biotin*	300 mcg 100%		
Pantothenic Acid*	20 mg 200%		
Calcium*	36 mg 4%		
Iodine*	75 mcg 50%		
Magnesium*	43 mg 11%		
Zinc*	10 mg 70%		
Selenium*	125 mcg 180%		
Copper*	1.5 mg 80%		
Manganese*	2 mg 100%		
Chromium*	120 mcg 100%		
Molybdenum*	75 mcg 100%		

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule), organic rice (hull).
*To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.gardenoflife.com.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Keep out of reach of children.
Store in a cool, dry place.
Do not use if safety seal is broken or missing. Contains no filler ingredients, artificial colors or preservatives.
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