

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) capsules daily for individuals weighing up to 160 lbs. Those weighing over 160 lbs., take three (3) to four (4) capsules daily. This product can be taken with or without food, or as recommended by a healthcare practitioner.

CAUTION: Do not take if pregnant or lactating. Consult your healthcare practitioner before taking this product if you have a thyroid condition, high blood calcium levels, or hormone-sensitive cancers. Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Q01942A

LifeExtension®

Breast Health Formula



Helps Maintain Optimal Breast Health*

Dietary
Supplement

60 Capsules

Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Calcium (as calcium D-glucarate)	16.5 mg	2%
Iodine (as potassium iodide)	2 mg	1333%
Proprietary Cruciferous Vegetable Blend	550 mg	**
Broccoli super concentrate extract (seed and plant) [providing glucosinolates]; watercress 4:1 extract (whole herb); wasabi powder (rhizome)		
I3C (Indole-3-carbinol)	100 mg	**
Proprietary Enterolactone Precursors Blend	65 mg	**
Flax lignan extract (seed) [providing secoisolariciresinol diglucoside (SDG)]; HMRlignan™ Norway spruce (<i>Picea abies</i>) lignan extract (knot wood) [std. to 90% hydroxymatairesinol potassium acetate]		
Isoflavones (from Novasoy® soy isoflavone concentrate)	35 mg	**
DIM (3,3'-diindolylmethane)	14 mg	**

**Daily Values not established.

Other ingredients: vegetable cellulose (capsule), rice flour, ascorbyl palmitate, corn starch, maltodextrin.

Contains soybeans.

Manufactured for: Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, FL 33309 • LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.