### PERFORMIX PROWHEY+

We know the work doesn't end at the last rep. Our unique blend of premium proteins, combined with our tri-phase amino release, work together to enhance muscle protein synthesis for hours after you leave the gym to maximize growth and recovery.

#### **Premium Protein Blend**

Amplifying growth demands more than just whey. Our precise blend of performance proteins combines quick, moderate and slow-digesting proteins to elevate muscle protein synthesis for an extended period. We only use cold processed and ultra-filtered whey to preserve top quality and minimize protein breakdown. The diversification of our formulation allows you to maximize your absorption and your gains.

#### Tri-Phase Amino Release

Performix Pro Whey + is infused with a dynamic blend of BCAA's and our exclusive Performix ISO heads. Terra Intelligent Dosing ensures a steady stream of aminos for a feeling of nower you can tan

### PRO WHEY +

PROTEIN WITH TIME-RELEASE AMINO BEADS

# PERFORMIX

1 FREE FORM AMINO ACIDS:

## 2 AMINOS WITHIN PROTEIN:

liberated through the body's natural digestive mechanism to stimulate muscle protein synthesis.

3 TERRA ISO BEADS: free form amino acids are released



**Extended Muscle Protein Synthesis** Tri-Phase Amino Release **Amplified Strength and Recovery** 



22<sub>G</sub>

6.0g

CHOCOLATE NET WT. 35.6 oz (2.22 LB)/1008 G PROTEIN POWDER

T E R R A

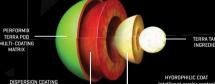
### PERFORMIX

#### DRIVEN BY INNOVATION, DEFINED BY PERFORMANCE

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing™ technology, utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period. To out perform, out last and out do.

TERRA Coating is an innovative Multi-Coating Matrix (MCM) technology that targets pH extended release functionality. This offers an advanced delayed release coating system designed with multiple release points to belo maximize ingredient performance

#### ADVANCED MULTI-PHASE EXTENDED RELEASE



extended release ingredient profile.

SUGGESTED USE: Mix or blend 1 scoop of Performix\*\* PRO WHEY+ with 8 ounces of cold water, juice or milk. For best results, take Performix\*\* PRO WHEY+ daily with breakfast, between meals and after working out. Prior to each use,

### **Nutrition Facts**

Servings Per Container:	28
Amount Per Serving	
Calories: 140	Calories from Fat: 30
	% Daily Value*
Total Fat 3.5 g	5%
Saturated Fat 1.5	g <b>8</b> %
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 250 mg	10%
Potassium 240 mg	7%
Total Carbohydrate	6 g 2%

Sodium 250 mg	109
Potassium 240 mg	79
Total Carbohydrate 6 g	29
Dietary Fiber 1 g	49
Sugars 3 g	
Protein 22 g	449
Vitamin A 0 % •	Vitamin C 0 %
Calcium 6 % •	Iron 0 %
*Barcost Daily Values are based on a	2000 calacio diat. Your di

tailiii A U		VILAIIIII	1 6 0 70
alcium 6 %	•	Iron 0	%
rcent Daily Valu ues may be high			
	Calories:	2,000	2,500
al Fat aturated Fat ileterol lium assium al Carbohydrate: ietary Fiber tein	Less than Less than Less than Less than	65 g 20 g 300 mg 2,400 mg 3,500 mg 300 g 25 g 50 g	80 g 25 g 300 g 2,400 mg 3,500 mg 375 g 30 g 65 g
ories per gram:			

# **Tri-Phase Amino Acid Profile**

Providing Free form BCAA, Protein bound branched chains and exclusive Performix™ Terra Intelligent

Dosing™ headlets

Alanine	1120 mg	Lysine	2100 mg
Arginine	550 mg	Methionine	490 mg
Aspartic Acid	2460 mg	Phenylalanine	790 mg
Cystine	580 mg	Proline	1280 mg
Glutamic Acid	2830 mg	Serine	1090 mg
Glycine	430 mg	Threonine	1490 mg
Histidine	460 mg	Tryptophan	400 mg
Isoleucine	1560 mg	Tyrosine	700 mg
Leucine	3050 mg	Valine	1470 mg

Please recycle.



