



**SUGGESTED USE:** As a dietary supplement for adults, take one (1) scoop up to two times daily, preferably with a meal, or as directed by a healthcare practitioner.

**A pleasant tasting concentrated source of phosphatidylcholine, phosphatidylinositol and essential unsaturated fatty acids.**

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under lid is missing or damaged.

This product is packed by weight not volume; therefore settling will occur.

Due to the natural variation of the raw material, color and appearance may vary from batch to batch.

# SOYA LECITHIN GRANULES

OBTAINED FROM NON-GMO SOYBEANS  
NUTRITIONAL SUPPLEMENT  
WHICH MAY BE USED WITH DAILY DIET

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGETARIANS

NET WT. 16 oz. (454g)

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Scoop (Approx. 7.5 g)  
Servings Per Container: about 60

Amount Per Serving		%DV
<b>Calories</b>	<b>40</b>	
<b>Calories from Fat</b>	<b>35</b>	
<b>Total Fat</b>	<b>4 g</b>	<b>6%*</b>
<b>Saturated Fat</b>	<b>1 g</b>	<b>5%*</b>
<b>Polyunsaturated Fat</b>	<b>2.5 g</b>	<b>**</b>
<b>Monounsaturated Fat</b>	<b>0.5 g</b>	<b>**</b>
<b>Total Carbohydrate</b>	<b>&lt;1 g</b>	<b>&lt;1%*</b>
<b>Calcium</b>	<b>10 mg</b>	<b>1%</b>
<b>Phosphorus</b>	<b>225 mg</b>	<b>23%</b>
<b>Potassium</b>	<b>90 mg</b>	<b>3%</b>
<b>Non-GMO Soy Lecithin</b>	<b>7,500 mg (7.5 g)</b>	<b>**</b>

\*Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*Daily Value (DV) not established

**Ingredient: Soy Lecithin Granules.**

**FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

Carefully Manufactured for:  
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