## PERFORMIX PROWHEY+

We know the work doesn't end at the last rep. Our unique blend of premium proteins, combined with our tri-phase amino release, work together to enhance muscle protein synthesis for hours after you leave the gym to maximize growth and recovery.

### Premium Protein Blend

Amplifying growth demands more than just whey. Our precise blend of performance proteins combines quick, moderate and slow-digesting proteins to elevate muscle protein synthesis for an extended period. We only use cold processed and ultra-filtered whey to preserve top quality and minimize protein breakdown. The diversification of our formulation allows you to maximize your

### Tri-Phase Amino Release

Performix Pro Whey+ is infused with a dynamic blend of BCAA's and our exclusive Performix ISO beads. Terra Intelligent Dosing ensures a steady stream of aminos for a feeling of power you can tap into whenever you need it.

## 1 FREE FORM AMINO ACIDS:

## 2 AMINOS WITHIN PROTEIN:

liberated through the body's natural digestive mechanism to stimulate

## 3 TERRA ISO BEADS:

free form amino acids are release over an extended period of time with our patented technology.

### PRO WHEY +

PROTEIN WITH TIME-RELEASE AMINO BEADS

# PERFORMIX

**Extended Muscle Protein Synthesis** Tri-Phase Amino Release **Amplified Strength and Recovery** 

TERRA

COOKIES &

22g

6.0g

NET WT. 64.02 oz (4.00 LB)/1815 G PROTEIN POWDER

## PERFORMIX

DRIVEN BY INNOVATION. DEFINED BY PERFORMANCE.

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing™ technology. utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period. To out perform, out last and out do.

TERRA Coating is an innovative Multi-Coating Matrix (MCM) technology that targets pH extended release functionality. This offers an advanced delayed release coating system designed with multiple release points to help maximize ingredient performance.

### ADVANCED MULTI-PHASE EXTENDED RELEASE

PERFORMIX TERRA POD MULTI-COATING MATRIX DISPERSION COATING

Intelligent rate control

HYDROPHILIC COAT Intelligent carrier control pore former within the dispersion coat

TERRA TARGET

### Nutrition Facts

Servings Per Container:	55
Amount Per Serving	
Calories: 130	Calories from Fat: 25
	% Daily Value*
Total Fat 2.5 g	4%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 230 mg	10%
Potassium 110 mg	3%
Total Carbohydrate	5 g <b>2</b> %
Dietary Fiber 1 g	4%
Sugars 3 g	

Protein 22 g	]		44%		
Vitamin A 0	% •	Vitami	n C 0 %		
Calcium 6 %	•	Iron 0	%		
"Percent Daily Values are based on a 2000 calorie diet. Your day					
	Calories:	2,000	2,500		
Total Fat Saturated Fat Choleterol Sodium	Less than Less than Less than Less than	65 g 20 g 300 mg 2,400 mg	80 g 25 g 300 g 2,400 mg		

values may be higher or lower depending on your calorie nee				
	Calories:	2,000	2,500	
Total Fat Saturated Fat	Less than Less than	65 g 20 g	80 g 25 g	
Choleterol Sodium	Less than Less than	300 mg 2,400 mg	300 g 2,400 mg	
Potassium Total Carbohydrates Dietary Fiber		3,500 mg 300 g 25 o	3,500 mg 375 g 30 a	
Protein		50 g	65 g	
Calories per gram:				
Fat 9 •	Carbohydrate 4		Protein 4	

## **Tri-Phase Amino Acid Profile**

Providing Free form BCAA, Protein bound branched chains and exclusive Performix™ Terra Intelligent

Dosing™ beadlets

Serving Size: 1 Scoop (33 g)

Alanine	1120 mg	Lysine	2100 n
Arginine	550 mg	Methionine	490 mg
Aspartic Acid	2460 mg	Phenylalanine	790 mg
Cystine	580 mg	Proline	1280 m
Slutamic Acid	2830 mg	Serine	1090 m
Glycine	430 mg	Threonine	1490 m
Histidine	460 mg	Tryptophan	400 m
soleucine	1560 mg	Tyrosine	700 m
eucine	3050 mg	Valine	1470 n

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