DIRECTIONS:

To assess individual tolerance, for the first three days, start with one (1) caplet, taken with a glass of water two (2) times daily, approximately 30 to 60 minutes before your two main meals. For days 4 and beyond, follow the chart below. Do not exceed two (2) caplets in a 4-hour period and/or four (4) caplets in a 24-hour period. Do not take within 5 hours of bedtime.

For best results use *Hydroxycut*[®] for 60 days in conjunction with a calorie-reduced diet and regular exercise program. Consume 8 to 10 glasses of water per day. Read the entire label before use and follow directions.

Day 1 to Day 3 1 caplet, 2x daily	
Day 4 & Beyond 2 caplets, 2x daily	

#1 IN AMERICA - IT REALLY WORKS!

Thank you, America, for making *Hydroxycut*[®] America's #1 Selling Weight Loss Supplement Brand! Millions from coast to coast have chosen *Hydroxycut*[®] to help them reach their weight loss goals. Science, Quality and Purity have been the focus for *Hydroxycut*[®] for the past 20 years. The result is over 95 million bottles sold.[◆] *Hydroxycut*[®] really works!

AMERICA'S #1 SELLING WEIGHT LOSS SUPPLEMENT BRAND"

PRO CLINICAL HYDROXYCUT LOSE WEIGHT

Advanced Weight Loss¹ Boost Metabolism² Increase Energy²



72 Rapid Release Caplets

Supplement Facts

Serving Size: 2 Rapid Release Caplets Servings Per Container: 36

Amount Per Serving	% Daily	Value
Calcium	145mg	j 15%
Hydroxycut [®] Blend	441mg	ı t
Weight-Loss Plus Matrix		
Robusta coffee extract (as C. canephora ro	<i>busta</i>) (be	an) †
Standardized for 45% chlorogenic acids		
Papaya (as <i>Carica papaya</i>) (fruit)		t
Blackberry (as Rubus fruticosus) (fruit)		t
Saffron extract (as Crocus sativus) (stigma))	t
HydroxyBoost™+		
Caffeine anhydrous (1,3,7-trimethylxanthin	ie)	t
Supplying 200mg of caffeine		
Maqui (as Aristotelia chilensis) (berry)		t
Amla extract (as Phyllanthus emblica) (fruit	:)	t

+Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Dicalcium Phosphate Dihydrate, Pre-gelatinized Starch, Stearic Acid, Coating (Titanium Dioxide, Polyethylene Glycol, Talc), Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide