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Pittsburgh, PA 15222

ACTUAL  
SIZE



**GNC**

# Folic Acid

## 800 MCG

Supports healthy fetal development\*  
Required for proper red blood  
cell formation\*

DIETARY SUPPLEMENT  
100 VEGETARIAN TABLETS

CODE 253215

BRG

Directions: As a dietary supplement, take one tablet daily. Daily folic acid intake should not exceed 1000 mcg.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women
Folic Acid 800 mcg	200%	100%

**Other Ingredients:** Dicalcium Phosphate, Whole Brown Rice Powder (*Oryza sativa*).

Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord defect.

No Preservatives, Sodium Free, No Soy, No Artificial Colors, No Wheat, No Dairy, No Artificial Flavors, Gluten Free, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: