

CONTAINS: Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Conforms to USP <2091> for weight.

No Dairy.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: **USA**
General Nutrition Corporation
Pittsburgh, PA 15222



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**MEGA
MEN®**

Diabetic Support

✓ **Why should I use it?**

It's scientifically designed for the special dietary needs of people with diabetes. Use it with the enclosed nutritionally balanced diet suitable for persons with diabetes to help maintain healthy blood sugar levels and improve circulation and eye health.*

✓ **How does it work?**

It features zinc and key B-vitamins to provide support for carbohydrate metabolism.* Ginkgo biloba and arginine provide circulation support, and choline provides support for cardiovascular health.* The potent ingredients lutein, zeaxanthin and hyaluronic acid are important nutrients present in the eye.* This formula also includes glutamine, carnitine and leucine to help fuel muscles.*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

GNC

**MEGA
MEN®**
Diabetic Support

Dietary Supplement

MULTIVITAMIN & NUTRITION PLAN

- Multivitamin with premium ingredients to support glucose metabolism*
- Provides key nutrients to help promote normal glucose utilization & insulin production*
- Supports circulatory, heart & eye health with advanced nutrient blends*

Timed-Release

90 CAPLETS

45-DAY SUPPLY



CODE 184912

EUG

DIRECTIONS: As a dietary supplement, for optimal health benefits take two caplets daily with food. Can be divided by taking one caplet in the morning and one caplet in the afternoon for maximum absorption.

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Caplets Servings Per Container 45	
Vitamin A (50% as beta-Carotene; 50% as Acetate)	1500 mcg..... 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg..... 333%
Vitamin D (as Cholecalciferol D-3)	40 mcg..... 200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg..... 147%
Vitamin K (as Phytonadione)	80 mcg..... 67%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg..... 4167%
Riboflavin (Vitamin B-2)	50 mg..... 3846%
Niacin (as Niacinamide & Niacin)	50 mg..... 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg..... 2941%
Folate	.667 mcg DFE..... 167%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	.50 mcg..... 2083%
Biotin	300 mcg..... 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg..... 1000%
Choline (as Choline Bitartrate)	50 mg..... 2%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg..... 15%
Iodine (as Potassium Iodide)	150 mcg..... 100%
Magnesium (as Magnesium Oxide)	100 mg..... 24%
Zinc (as Zinc Oxide)	25 mg..... 227%
Selenium (as L-Selenomethionine)	200 mcg..... 364%
Copper (as Cupric Oxide)	2 mg..... 222%
Manganese (as Manganese Sulfate)	2 mg..... 87%
Chromium (as Hydrolyzed Protein Chelate)	200 mcg..... 571%
Molybdenum (as Sodium Molybdate)	.75 mcg..... 167%
L-Glutamine	80 mg..... *
Bitter Melon Powder (<i>Momordica charantia</i>)	50 mg..... *
Fenugreek Seed Powder	50 mg..... *
<i>(Trigonella foenum-graecum)</i>	
Cinnamon Bark Powder	25 mg..... *
<i>(Cinnamomum cassia & burmannii)</i>	
<i>Gymnema sylvestre</i> Extract	25 mg..... *
L-Arginine	25 mg..... *
alpha Lipoic Acid	25 mg..... *
Ginkgo biloba Leaf Powder	10 mg..... *
L-Carnitine	10 mg..... *
L-Leucine	10 mg..... *
Inositol	10 mg..... *
Silica (as Silicon Dioxide)	4 mg..... *
Lutemax® 2020 Lutein	3 mg..... *
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg..... *
Boron (as Hydrolyzed Protein Chelate)	2 mg..... *
Lycopene	950 mcg..... *
Zeaxanthin	600 mcg..... *
Astaxanthin	50 mcg..... *
Vanadium (as Sodium Metavanadate)	10 mcg..... *

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Vegetable Actoglycerides, Polyethylene Glycol, Polysorbate 80, Caramel Color, Ethyl Vanillin.