



### MY GUARANTEE

The ingredients in this bottle are what I have long recommended taking to support your body's natural testosterone production. I designed this product, and all of the JYM products, for my own use. Now you have the same tools to help support your body's healthy testosterone levels, as well as optimize your strength and lean mass gains.\*



Jim Stoppani, PhD  
Owner - JYM Supplement Science

**JYM** supplement science  
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For questions regarding JYM products go to:  
@JimStoppani @JimStoppaniPhD  
or JYMSupplementScience.com

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.



DISTRIBUTED BY:  
PHD Fitness, 31300 Via Colinas #101  
Westlake Village, CA 91362 USA 1-888-557-7774  
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**JYM**  
SUPPLEMENT SCIENCE

# ALPHA

**1000mg**  
FENUGREEK  
AMOUNT PER DAY

**1000mg**  
ASHWAGANDHA  
AMOUNT PER DAY

**200mg**  
EURYCOMA  
AMOUNT PER DAY

## TESTOSTERONE SUPPORT\*

ACTIVE TESTOSTERONE-OPTIMIZING INGREDIENTS  
TO HELP SUPPORT MUSCLE GROWTH,  
STRENGTH, AND HEALTHY  
TESTOSTERONE LEVELS\*

DIETARY SUPPLEMENT  
180 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 60

Amount Per Serving		
Fenugreek Seed Extract ( <i>Trigonella foenum-graecum</i> ) (50% saponins=250mg)	500mg	†
Damiana Leaf Powder ( <i>Turnera diffusa</i> )	500mg	†
Ashwagandha Root Extract ( <i>Withania somnifera</i> )	500mg	†
Diindolylmethane	250mg	†
Tongkat ali Root Extract ( <i>Eurycoma longifolia</i> )	100mg	†
Quercetin (as Quercetin Dihydrate)	250mg	†
† Daily Value not established		

**OTHER INGREDIENTS:** Vegetable Cellulose Capsule, Magnesium Stearate Vegetable Source, Silicon Dioxide.

**DIRECTIONS:** Take one serving (3 capsules) with a meal twice a day. On non-training days, take one serving in the morning and one serving at night. On training days, take one serving about an hour before workouts and take one serving in the morning or at night, depending on when you train.

**WARNINGS:** Consult your physician prior to using this product if you are pregnant, nursing or taking medication, under the age of 18, or have a medical condition. Discontinue use two weeks prior to surgery.

### KEEP OUT OF REACH OF CHILDREN.

Store at 15-30°C [59-86°F]. Protect from heat, light and moisture. Do not purchase if seal is broken.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).