Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PROTEIN CALORIES CARBS FAT SUGAR BCAAS LEUCINE LACTOSE SERVING 25 9 110 29 09 <19 5.59 2.79 09

ISO100® is simply muscle-building fuel. Each serving contains 25 grams of protein and 5.5g of BCAAs including 2.7g of L-Leucine.

ULTRAPURE. SUPER WHEY PROTEIN ISOLATE

If your goal is gains in muscle size and strength, then ISO100 is your perfect workout partner. Loaded with muscle building amino acids, ISO100 can support even the most serious resistance-training programs.

Known worldwide for quality, taste and purity, ISO100 is produced to our highest quality standards. ISO100 is formulated using a cross-flow microfiltration, multi-step purification process that preserves important muscle-building protein fractions while removing excess carbohydrates, fat, lactose and cholesterol.

ISO-100 is made with pre-hydrolyzed protein sources to ensure fast digestion and absorption.

Available in a variety of delicious, indulgent flavors, ISO100® is the perfect before-workout, after-workout, anytime protein.

REAL SCIENCE & OUALITY Dymatize® proteins are formulated

based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins. We do not amino spike.



PROTEIN



DIRECTIONS: Formulated for easy mixing. Add one scoop (included) to 5-6 oz. (150ml-180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

TYPICAL AMINO ACID PROFILE*

25g TOTAL AMINO ACIDS PER SERVING

Protein Synthesis.

CONDITIONALLY ESSENTIA

AMINO ACIDS (CEAAs): 6.8 c

Yes! Glutamine supports muscle

AMINO ACIDS (NON-EAAs): **6.5** g

Why is non-essential... essential?

Non-Essential aminos are foundational uilding blocks of muscle!

recovery after strenuous workouts

Is Glutamine important?

26%

I NON-ESSENTIAL

ESSENTIAL AMINO ACIDS (EAAs): 11.8 g

Leucine is the BCAA that is directly involved in activating Muscle



PROTEIN POWDER **100% WHEY PROTEIN ISOLATE**

76 SERVINGS BANNED SUBSTANCE TESTED + GLUTEN FREE

COOKIES & CREAM

SOLD BY WEIGHT NOT VOLUME

NET WT 5 LB (2.3 kg)

Dymatize

naturally and artificially flavored

Manufactured for and distributed by: Dymatize Enterprises, LLC Dallas, TX 75234 USA (888) 334-LEAN

CONTAINS: MILK AND SOY.

Nutrition Facts Serving Size: 1 Scoop (30g)

Servings Per Container: About 76

Amount Per Serving

Calories 110 Calories from Fat 0 % Daily Value

Total Fat 0g 5.5 g Saturated Fat 0g Trans Fat 0g Cholesterol 10mg 3% 5% Sodium 110ma

5% Potassium 160mg Total Carbohydrate 2q 1% 0% Dietary Fiber 0a

Sugars <1g **50**% **Protein** 25g

Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 2%

*Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than		300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			

Fat 9 • Carbohydrate 4 • Protein 4

protein. Amounts are based on one serving. INGREDIENTS: HYDROLYZED WHEY PROTEIN ISOLATE Full Amino Acid Profile can be found at: WHEY PROTEIN ISOLATE, NATURAL AND ARTIFICIAL Dymatize.com/Iso100 FLAVORS, COCOA POWDER (PROCESSED WITH Includes Glutamic Acid ALKALI), SOY LECITHIN, SALT, POTASSIUM CHLORIDE, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA).

NON-EAAs

6.5 g



**All Amino Acids are naturally occuring in

KEEP OUT OF REACH OF CHILDREN

DYMATIZE.COM

*100% of the Protein from Whey Protein Isolate Notice: Use this product as a food supplement only. Do not use for weight reduction.