TRUE-MASS® PRODUCT HIGHLIGHTS:

- MULTI-FUNCTIONAL PROTEIN AND CARBOHYDRATE MATRIX
- NATURALLY OCCURRING BCAAS AND OTHER ESSENTIAL AND NON-ESSENTIAL AMINO ACIDS

DESIGNED FOR: Any individual who needs a calorie dense alternative or addition to regular foods to assist with gaining muscle mass.

DIRECTIONS: Mix 3 scoops with 16 fl oz. of cold water or any beverage of your choice. Drink as needed to satisfy your protein or mass-gaining requirements. To increase your protein and calorie intake per serving and to achieve an amazing milkshake taste, use milk.

SUGGESTED USE: For healthy adults, consume enough energy from a combination of high quality foods and supplements throughout the day as part of a balanced diet and exercise program. Store in a dry place away from direct sunlight.

†TRUE-MASS® contains 20 grams of naturally occurring essential amino acids, of which 10 grams are branched chain amino acids.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.

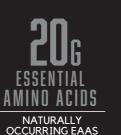




This product contains ingredients of international and domestic origin







MUSCLE

BRANCHED-CHAIN AMINO ACIDS NATURALLY

ULTRA-PREMIUM MASS







COOKIES & CREAM

NATURALLY & ARTIFICIALLY FLAVORED POWDERED PROTEIN & CARBOHYDRATE DRINK MIX NETWT5.82 LB (2.64 KG)

Nutrition Facts

16 servings per container Serving size 3 Rounded Scoops (165g)

Amount per serving Calories

Magnesium 55mg

for general nutrition advice.

and vitamin D.

700

aidiles	100	Solids, Sodium Caseinate, Mono- and
% Daily Value*		Di-Glycerides, Dipotassium Phosphate,
otal Fat 18g	23%	Tricalcium Phosphate, Soy Lecithin,
Saturated Fat 4.5g	23%	Tocopherols), Natural and Artificial
holesterol 110mg	37%	Flavor, Polydextrose, Cookie Bites
odium 350mg	15%	(Wheat Flour, Sugar, Canola Oil, Cocoa
otal Carbohydrate 88g	32%	[processed with alkali], Salt, Baking Soda), MCT Powder (Medium Chain
otal Sugars 19g		Triglycerides, Non-fat Dry Milk, Disodium
Includes 7g Added Sugars	14%	Phosphate, Silicon Dioxide), Cellulose
rotein 46g	92%	Gum, Lecithin, Xanthan Gum, Guar Gum,
alcium 530mg	40%	Gum Arabic, Sucralose, Acesulfame Potassium.
on 1.1mg	6%	
otassium 740mg	15%	CONTAINS: Egg, Milk, Soy, and Wheat.
nosphorus 400mg	30%	MANUFACTURED FOR:

Not a significant source of trans fat, dietary fiber

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used

MANUFACTURED FOR:

Bio-Engineered Supplements & Nutrition Inc., 3500 Lacey Road, Suite 1200 Downers Grove, IL 60515 877.673.3727 goBSN.com

INGREDIENTS: Protein Matrix (Whey

Milk Protein Isolate, Whey Protein

Isolate, Micellar Casein, Hydrolyzed

Whey Protein, Egg Whites, Glutamine

Peptides), Maltodextrin, Sunflower

Creamer (Sunflower Oil, Corn Syrup

Protein Concentrate, Calcium Caseinate,

Contents sold by weight, not volume,