

About 1 in 3 Americans are sleep deprived. Are you one of them?

When you don't get a good night's sleep, your health and performance suffer. Your body needs adequate rest to restore itself.

Luminite® is a revolutionary sleep support supplement that is scientifically formulated to promote a restful night's sleep and aid in falling asleep faster.* Featuring eight key ingredients, **Luminite®** helps you sleep deep and wake up refreshed and restored.*

The ingredients in **Luminite®** are safe and non habit-forming. They have been lab tested for maximum effectiveness.

Enjoy More Restful Sleep with Luminite®

Just one small capsule before bedtime can lead to deeper, sounder sleep.

Benefits Can Be Maintained with Daily Use.

Luminite® is perfect to pair with Lumiday® for a relaxed and positive mood.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Luminite®



SLEEP SUPPORT

- ✓ Fall Asleep Faster*
- ✓ Enjoy Deep Sleep*
- ✓ Feel Rested*



**SAFE, EFFECTIVE &
NON HABIT-FORMING**



DIETARY SUPPLEMENT

Adult Usage: Take one (1) capsule approximately 30-60 minutes before bed with water.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving		% DV
Niacin (from L-Tryptophan)	3.3 mg	21%
L-Tryptophan	200 mg	†
Gamma-Aminobutylic Acid (GABA)	100 mg	†
Sleep Root Extract	60 mg	†
L-Glycine	50 mg	†
Passionflower Extract (4% vitexin)	25 mg	†
Hops Flower Extract	25 mg	†
Chamomile Flower	20 mg	†
Melatonin	4 mg	†

† Daily Value (DV) not established.

Other Ingredients: Gelatin, vegetable magnesium stearate, dicalcium phosphate and maltodextrin.

Distributed by Adaptive Health, Charlotte, NC 28202

PRECAUTIONS: For adult use only. Do not use with alcohol when driving or while operating heavy machinery. Consult a healthcare practitioner before use if you are taking any medications, have a medical condition, or are pregnant or nursing.

Keep out of the reach of children. Keep product at room temperature and humidity (59-86°F (15-30°C), 40% RH).

www.LUMIDAY.com

1-877-556-5864

