

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.  
For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* This statement has not been evaluated  
by the Food and Drug Administration.  
This product is not intended to diagnose,  
treat, cure, or prevent any disease.



**GNC**

**Burn X12™**

CLINICALLY PROVEN  
CALORIE-BURNING THERMOGENIC\*



DIETARY SUPPLEMENT  
60 CAPSULES

CODE 955100

FSG

**Directions:** As a dietary supplement, take one capsule with water 30-60 minutes before starting exercise on workout days. On non-workout days, take one capsule with water before breakfast. Do not take prior to bedtime.

## Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value	
Niacin	20 mg	125%
Caffeine Anhydrous	200 mg	*
Capsimax® Capsicum Fruit Extract ( <i>Capsicum annuum</i> )	33.34 mg	*
Black Pepper Fruit Extract ( <i>Piper nigrum</i> )(50% Piperine = 5 mg)	10 mg	*

\* Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Silicon Dioxide, Titanium Dioxide (Mineral Whitener), Artificial Colors (FD&C Blue #1, FD&C Red #40).

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Total caffeine per capsule 200 mg

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Starch, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free,

No Corn, No Soy, No Dairy.

**Capsimax®** Capsimax® is a trademark of OmniActive Health Technologies.



Lot No./Best By: