Scan for product info

Read the entire label and follow the directions carefully prior to use. **DIRECTIONS:** Take one (1) capsule twice daily, before breakfast and dinner, or as recommended by a healthcare practitioner.

^At time of manufacture.

Store tightly closed in a cool, dry place.

WARNINGS:

- . KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
 When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Benegut[®] is a trademark of Vital Solutions.

ibSium[®] is a registered trademark of Lesaffre et Compagnie.



LifeExtension°

Tranquil Tract™



Support for Intestinal Regularity and GI Comfort*

Dietary Supplement 60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving % Daily Value

Benegut® perilla extract (leaf) 150 mg **
(providing vicenin-2)

ibSium® probiotic (S. cerevisiae) 250 mg **

Other Ingredients: maltodextrin, vegetable cellulose (capsule), microcrystalline cellulose, vegetable stearate, silica

(2 billion viable organisms)[^]

**Daily Value not established.

Non-GMO

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309 LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.