



# PROTEIN COOKIE & BAKING MIX

## CHOCOLATE CHIP



**10g**  
PROTEIN

PER 42g SERVING  
(2 COOKIES)

**CURB CRAVINGS  
GUILT-FREE**

**NO  
GMOs**

**NO  
ARTIFICIAL  
INGREDIENTS**

NET WT. 9 OZ (255 GRAMS)

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**INGREDIENTS:** Milk Chocolate (Sugar, Whole Milk Powder, Chocolate Liquor, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Vanilla Flavor), Whole Oat Flour, Organic Cane Sugar, Whey Protein Concentrate, Pea Protein, Light Brown Sugar, Natural Flavor, Xanthan Gum, Baking Soda, Salt, Stevia, Stevia Extract.

**MANUFACTURED/DISTRIBUTED BY:**  
@JaceyCakes, LLC, Westminster, CO 80234

**MADE IN AMERICA**

Nutrition Facts	
Amount per serving	
Serving size 1/4 cup mix (42g)	
6 servings per container	
<b>Calories</b>	<b>170</b>
% Daily Value*	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat --g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 18g	
Includes 17g Added Sugars	<b>34%</b>
<b>Protein</b> 10g	
Vitamin D --mcg	--%
Calcium 44mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 107mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## PROTEIN COOKIE MIX

### WHAT YOU'LL NEED:

- 2 eggs
- 6 Tbsp butter
- 1 bag of Flapjacked Chocolate Chip Cookie Mix

### BAKING INSTRUCTIONS:

- 1 Preheat** oven to 350°F (175°C).
- 2 Whisk** eggs and butter in a medium sized bowl until creamy. Using a spoon, gradually stir in dry cookie mix until combined. Drop dough by rounded tablespoon (2 inches apart) onto ungreased baking sheet.
- 3 Bake** for 9-11 minutes or until edges are set.
- 4 Cool** on baking sheets for 2 minutes; remove to a wire rack to cool completely.
- 5 Enjoy!** Makes 12 delicious, hunger-busting cookies.

- It Helps Us** **Hunger**
- It Fuels Our** **Fat Burning**
- It Promotes Our** **Muscle Growth**
- It Increases** **Our Energy**

## WHY DOES FLAPJACKED LOVE PROTEIN?

We started Flapjacked as a convenient way to properly fuel our family for the day. That's why all our products are easy to make, GMO-free, and always fortified with protein to keep you and your family on the go without having to compromise on eating clean. We hope you check out our entire line of delicious protein-packed products such as pancakes, muffins, smoothies and more at [www.flapjacked.com](http://www.flapjacked.com).



*-The Bacon Family*