

## Red Clover

Red Clover (*Trifolium pratense*) blossoms have a long history of use in Europe and North America. It was listed in the United States National Formulary until 1946. Naturally occurring isoflavones in red clover make it particularly popular with women.

Alvita Red Clover Tea is made using only premium-quality organic red clover blossoms, producing a deep, amber colored tea. Its flavor is reminiscent of dried, sweet grass with a subtle floral finish.

### Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Red Clover (flowers) 2g	†

† Daily Value not established.

**WARNING:** Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. **KEEP OUT OF REACH OF CHILDREN.**

Distributed by:  
**Twinlab Corporation**  
American Fork, UT 84003 USA  
1-800-645-5626

Certified Organic by QAI. Certified Gluten-Free by NSF.

ORGANIC

**ALVITA**<sup>®</sup>

*Since 1922*

**Red Clover**

*Herbal Supplement*



**24** Tea Bags  
NET WT 1.69 OZ (48g)



## Preparation

Place one tea bag in a cup and add 8 oz of boiling water. Cover and steep for 12 minutes. Gently squeeze tea bag and remove.

### Directions for use:

We recommend 3 cups daily.

- Add sweetener if desired
- Naturally caffeine free

### HOW TO BREW

Pour	Temp.	Steep
8 oz	212° F	12 min

1

2

3

## The Alvita Story...

In 1922, a new era for tea consumption began in America. The herb alfalfa, long known for its beneficial nutrients, was packaged in tea bags and sold to an emerging health food market. This product became known as Alvita and set the standard for future herbal teas. Today, Alvita represents more than forty single-ingredient teas, each one uniquely distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-crafted, or cultivated botanicals, perfectly prepared to provide you with the best Mother Nature has to offer. Historical and scientific literature is painstakingly studied to ensure that the correct traditional plant and most appropriate servings are used, delivering premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its stewardship seriously by offering carefully harvested teas in earth-friendly packaging. Our beautifully illustrated boxes are made using recycled paperboard and our English, pillow style tea bags are oxygen bleached, not chlorine treated. You won't find a better product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,  
steeped in tradition.*

