Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides natural source Vitamin F as d-alpha tocopherol, and mixed tocopherols including d-Gamma, d-Delta and d-Beta Tocopherols. It is offered in oil-based softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for: Solgar, Inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

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SOLGB16392 02D



NATURALLY SOURCED VITAMIN E 67 mg (100 IU) d-ALPHA TOCOPHEROL PLUS d-GAMMA TOCOPHEROL, d-DELTA TOCOPHEROL and d-BETA TOCOPHEROL NATURAL ANTIOXIDANT*

GLUTEN, WHEAT & DAIRY FREE 100 SOFTGELS DIETARY SUPPLEMENT

Supplement Facts Serving Size: 1 Softgel
Amount Per Serving %DV
Vitamin E 67 mg 447% (as d-Alpha Tocopherol)
Mixed Tocopherols 6.69 mg (providing d-Gamma, d-Delta and d-Beta Tocopherols)
**Daily Value (DV) not established
Other Ingredients: Safflower Oil, Gelatin Vegetable Glycerin.
FREE OF: Gluten, Wheat, Dairy Yeast, Sugar, Sodium, Artificia Flavor, Sweetener, Preservative and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel one to two times daily, preferably with meals or as directed by a healthcare practitioner.

If you any pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, plases consult your healthcore practitioner before taking any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer boths ead is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

