

Directions: Rinse or gargle for at least 30 seconds then swallow. Shake well before using. Safe for children.

OregaCARE Swirl & Swallow is the only edible oral cleanser that provides the power of P73 oregano plus wild high-bush cranberry extract. Now you can promote the health of teeth and gums without the use of harmful substances like fluoride and other chemicals. Plus, it helps the whole body. As a mouth cleanser and body tonic, it's good for your health and saves you money. OregaCARE Swirl & Swallow is one component of a family of products that supports the teeth, gums and breath with oral spice therapy. OregaCARE Swirl & Swallow is ideal for use with OregaFRESH P73 toothpaste.

Ingredients: springwater, wild mint essence, oreganol P73 juice, essence of bay leaf, essence of wild sage, wild, raw high-bush cranberry extract, cumin, allspice, lavender, oregano, and cinnamon oils.

> Mfd. for North American Herb & Spice P.O. Box 4885, Buffalo Grove, IL 60089 1-800-243-5242 www.oreganol.com

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