

FLAVORED WITH OTHER NATURAL FLAVORS

OATMEAL RAISIN
1/2 1/2 cut & crease

QUEST[®]
PROTEIN COOKIE



QUEST NUTRITION
IS ON A MISSION TO MAKE THE
FOODS YOU CRAVE
WORK FOR YOU NOT AGAINST YOU

Quest Protein Cookies use complete dairy-based proteins to provide all nine essential amino acids. Each cookie is made using our own custom recipes for everything, including our chocolate chips and other inclusions, to ensure every bite is as delicious as your cravings.

SEE NUTRITION FACTS FOR CALORIES, TOTAL FAT AND SATURATED FAT CONTENTS.

soft & chewy!

PER COOKIE

15g PROTEIN

9g NET CARBS*

3g SUGAR

12g FIBER

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Nutrition Facts

Serving Size 1 Cookie (63g)
Servings Per Container 12

Amount per serving		% Daily Value*
Calories	250	Calories from Fat 130
Total Fat	14g	22%
Saturated Fat	8g	40%
Trans Fat	0g	
Cholesterol	30mg	10%
Sodium	220mg	9%
Total Carbohydrate	25g	8%
Dietary Fiber	12g	48%
Sugars	3g	
Erythritol	4g	
Protein	15g	30%
Vitamin A	6%	Vitamin C 0%
Calcium	15%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, BUTTER (CREAM, NATURAL FLAVORS), PALM OIL, RAISINS, ERYTHRITOL, OATS, NATURAL FLAVORS, CALCIUM CASEINATE, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: CINNAMON, SUNFLOWER LECITHIN, SEA SALT, BAKING SODA, XANTHAN GUM, STEVIOL GLYCOSIDES (STEVIA).

CONTAINS: MILK
PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, SOY, WHEAT, AND TREE NUTS.

DISTRIBUTED BY QUEST NUTRITION, LLC, EL SEGUNDO, CA 90245
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MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.

*25g Carbs - 12g Fiber - 4g Erythritol = 9g Net Carbs



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