

## Carlson

## Nutra-Support® Diabetes

California

**Enhanced Nutritional Support** 

**DIETARY SUPPLEMENT** 

Supports Special Dietary Needs\*
180 Soft Gels

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 2 Soft Gels Servings Per Container 90

Amount Per 2 S	% DV	
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%**
Vitamin A (as retinyl palmitate)	5,000 IU	100%
Vitamin C (from calcium ascorbate)	300 mg	500%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopherol from soy)	400 IU	1333%
Vitamin K2 (as Menatetrenone MK4)	800 mcg	1000%
Thiamin (vitamin B-1)(from thiamin mononitrate)	20 mg	1333%
Riboflavin (vitamin B-2)	20 mg	1176%
Niacinamide (from niacinamide ascorbate)	20 mg	100%
Vitamin B-6 (as pyridoxine HCI)	20 mg	1000%
Folate (folic acid)	800 mcg	200%
Vitamin B-12 (as cyanocobalamin)	200 mcg	3333%
Biotin	1,200 mcg	400%

Amount Per 2 S	Soft Gels	% DV		
Pantothenic Acid (from d-calcium pantothenate)	20 mg	200%		
Calcium (from calcium ascorbate & d-calcium pantothenate)	46 mg	5%		
lodine (from potassium iodide)	300 mcg	200%		
Magnesium (from magnesium oxide)	100 mg	25%		
Zinc (from zinc gluconate)	30 mg	200%		
Selenium (from selenomethionine)	200 mcg	286%		
Copper (from copper gluconate)	1 mg	50%		
Manganese (from manganese gluconate)	6 mg	300%		
Chromium (from chromium nicotinate)	400 mcg	333%		
Vanadium (from vanadyl sulfate)	800 mcg	t		
Alpha Lipoic Acid	200 mg	t		
Fish Oil Concentrate	630 mg	t		
EPA (Eicosapentaenoic Acid)☆	180 mg	t		
DHA (Docosahexaenoic Acid) <sup>☆</sup>	120 mg	+		
Inositol	25 mg	t		
Lutein	2 mg	t		
Phosphatidyl Choline (from soy)	25 mg	†		
Milk Thistle Extract (Silybum marianum)(seed)	100 mg	+		
** Percent Daily Values (DV) are based on a 2,000 calorie diet.				

† Daily Value (DV) not established. \*Reported as ethyl ester.

Other Ingredients: Soybean oil, soy lecithin, beeswax, microcrystalline cellulose, medium chain triglyceride oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob. Contains soy and fish (anchovy and sardine).

## **POTENCY & QUALITY GUARANTEED**

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**Directions:** Take two soft gels daily, **at mealtime**, with water or beverage.

✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

aution: Vitamin K can antagonize the effi anticoagulants, including Warfarin. Do i ke this product if you are taking Warfarir ithout first consulting with your physicia



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