Suggested Use: For adults, take 1 softgel per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition (especially kidney stones or dysfunction, hyperparathyroidism, hypercalcemia, lymphoma, or sarcoidosis), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Vitamin D_3 provides cholecalciferol, which is more biologically active than ergocalciferol (D_2). Vitamin D_3 is ultimately converted to its hormonally-active form, calcitriol, in the kidneys. Calcitriol enhances dietary calcium and phosphorous absorption, stimulates the synthesis of osteocalcin (an important structural protein in bone), and supports a healthy immune response.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Cholecalciferol

Vitamin In Extra Virgin Olive Oil



Supports: Calcium and Bone Metabolism*

10 MCG

100 SOFTGELS

DIETARY Supplemen

Supplement Facts

Serving Size 1 Softgel Servings Per Container 100

Amount Per Serving % DV
Vitamin D₄ (Cholecalciferol) 10 mcg (400 IU) 50%

Other Ingredients: Extra virgin olive oil; softgel consists of bovine gelatin, glycerin and purified water.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

05318D400

PROD # 130002

Distributed Exclusively by: JGFFOW FORMULAS® Superior Nutrition and Formulation® P.O. Box 35994 Los Angeles, CA 90035-4317 7 90011 30002 1

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