

WHY CHOOSE GRENADE® CARB KILLA®:

A high protein, triple layered, chocolate bar. With 20g of protein and 2g of sugar, Carb Killa® is a convenient way to consume protein between meals without adding unwanted carbs.

STORAGE CONDITIONS: Store at a temperature range of 60° to 72°F, away from direct sunlight, extremes of heat change, odor & humidity.

CARB KILLA® should be consumed as part of a balanced diet. Product contains more than 10g/100g polyols: excessive consumption may cause laxative effects

**NO GLUTEN containing ingredients in the Carb Killa® recipe. However, Carb Killa® is manufactured in a facility that handles gluten.

NOTE FOR TESTED ATHLETES: This product is registered with the Informed-Choice program. This program certifies that all nutritional supplements and/or ingredients have been tested for banned substances by the world class sports anti-doping lab, LGC.



HAVE YOU ALSO TRIED



Visit Grenade.com for more Carb Killa® flavors.



GRENADE® CARB KILLA® HIGH PROTEIN BAR

12-2.12 oz (60 g) Bars NET Wt. 25.4 oz (1.58 lb) (720 g)

HIGH PROTEIN BAR WITH A NATURALLY & ARTIFICIALLY FLAVORED COOKIE DOUGH CENTER, CHOCOLATE CHIPS AND CHOCOLATE COATING



Nutrition Facts

Serving Size: 1 Bar (60g)
Servings Per Container 12
Calories 220
Calories from Fat 80

Amount Per Serving	% Daily Values*	Amount Per Serving	% Daily Values*
Total Fat 9 g	14%	Total Carbohydrate 24 g	8%
Saturated Fat 4.5 g	23%	Dietary Fiber 7 g	28%
Trans Fat 0 g		Sugars 2 g	
Cholesterol Less than 5 mg	1%	Sugar Alcohol 14 g	
Sodium 135 mg	6%	Protein 20 g	40%
Potassium 100 mg	3%		
Vitamin A 0%	• Vitamin C 0%	• Calcium 15%	• Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbs		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Chocolate (Maltitol, Cacao Fat, Dry Whole Milk, Cocoa Mass, Lecithin, Natural Flavors), Protein Blend (Calcium Caseinate, Milk Protein Isolate, Whey Protein Isolate), Gelatin, Polydextrose, Glycerin, Chocolate Chips (Cocoa Mass, Maltitol, Lecithin, Low Fat Cocoa, Vanilla Powder), Soybean Oil, Cocoa Nibs, Peanuts, Nonfat Dry Milk, Xylitol, Natural And Artificial Flavors, Salt, Lecithin, Sucralose.

CONTAINS: Peanuts, Milk, Soy. Manufactured in a facility that also processes tree nuts, wheat and eggs.

Manufactured and packaged for and distributed by: Grenade® USA, LLC. 2385 NW Executive Ctr. Dr. #100, Boca Raton, FL 33431, USA | PRODUCT OF THE NETHERLANDS