

# Nutrition Facts

Serving Size 1 Bar (60g)  
Servings Per Container 12

## Amount per serving

<b>Calories</b> 210	Calories from Fat 80
<b>% Daily Value*</b>	
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	<b>15%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 14g	<b>56%</b>
Sugars 1g	
Erythritol 2g	

**Protein** 20g **40%**

Vitamin A 0% • Vitamin C 0%  
Calcium 10% • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

**INGREDIENTS:** PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, ALMONDS, WATER, COCOA BUTTER, NATURAL FLAVORS, COCOA PROCESSED WITH ALKALI, ERYTHRITOL. CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM CASEINATE, SEA SALT, STEVIOL GLYCOSIDES (STEVIA), SUCRALOSE, SUNFLOWER LECITHIN.

**CONTAINS: MILK, ALMONDS**

**PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, WHEAT, AND OTHER TREE NUTS.**

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**MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.**

**QUEST NUTRITION**  
IS ON A MISSION TO MAKE THE  
**FOODS YOU CRAVE**

**WORK FOR YOU**  
**NOT AGAINST YOU**



**\*21g Carbs - 14g Fiber - 2g Erythritol = 5g Net Carbs**

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5g NET CARBS\* | 1g SUGAR | 14g FIBER PER BAR  
SEE NUTRITION FACTS FOR CALORIES AND TOTAL FAT CONTENTS.

**20g** PROTEIN  
**ROCKY ROAD** FLAVOR

**QUEST** PROTEIN BAR

For Illustration Only 12 - 2.12 OZ (60g) Bars NET WT 1.6 LB (720g) Certified Gluten-Free

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**WORK FOR YOU NOT AGAINST YOU**

That's why we only use complete dairy-based proteins to provide your body with all nine of the essential amino acids it needs. We use custom recipes to create our own chocolate flavored chips, cookie pieces, and other inclusions to make every bite as delicious as your cravings.

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**ROCKY ROAD** FLAVOR

**20g** PROTEIN  
5g NET CARBS\*  
1g SUGAR  
14g FIBER  
PER BAR



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