

**USAGE:** Take 1 capsule 1 to 2 times per day on an empty stomach or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Acetyl-L-Carnitine** is an amino acid found in most cells in the body, including brain, nerve, heart, liver and sperm cells.\* Acetyl-L-Carnitine supports energy production via the metabolism of fatty acids to yield the universal energy molecule ATP.\* As an antioxidant, Acetyl-L-Carnitine helps to protect neurons against the corrosive superoxide radical.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS

# Acetyl L-Carnitine

250

**Antioxidant Protection  
for the Brain\***

250  
MILLIGRAMS

60  
CAPSULES

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

	Amount Per Serving	% DV
Acetyl-L-Carnitine (from acetyl-L-carnitine hydrochloride)	250 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

Store in a cool, dry place. DO NOT REFRIGERATE. No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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