GR-1[®]/RC-14[®] and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1[®]/RC-14[®] probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138 Box contains smaller, Activ-Vial[™] moisturecontrolled desiccant bottle for better stability of probiotic bacteria. USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus[®] contains two patented and clinically documented probiotic strains, Lactobacillus rhamnosus, GR-1[®] and Lactobacillus reuteri, RC-14[®], discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1[®] and RC-14[®] to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in Fem-Dophilus[®] from stomach acid and enhances problotic bacterial survival to the lower intestine.*

Fem-Dophilus[®] does not require refrigeration and can be stored at room temperature. Refrigeration will, however, extend the shelf life. Avoid temperatures above 77°F (25°C).

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

25+ YEARS OF GR-1[®]/RC-14[®] RESEARCH / CLINICAL STUDIES





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VAGINAL/URINARY TRACT HEALTH*



25⁺ RESEARCH/CLINICAL STUDIES. Supplement Facts

Servings Per Container 60

	Amount Per Serving	% DV
Total Probiotic	1 Billion Viable	††
Blend	Cells (Minimum)§	
Composed of the following strains:		
	amnosus, GR-1®†	
Lactobacillus reu	<i>teri</i> , RC-14®⁺	
§ Minimum 1 billion viable cells at time of consumption, under recommended storage conditions and within		

under recommended storage conditions and within Best Used Before date. †† Daily Value not established.

Other Ingredients: Maltodextrin (non-GMO source), cellulose and magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.





Distributed Exclusively by: Jarrow FORMULAS[®] Superior Nutrition and Formulation⁵™ Los Angeles, CA 90035-4317 www.Jarrow.com (866) 459-4154

RC-14 $^{\circ}$ and GR-1 $^{\circ}$ are registered trademarks of Chr. Hansen A/S.

 \dagger Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

Made in Denmark by Chr. Hansen A/S

FREE OF MAJOR ALLERGENS SUITABLE FOR VEGETARIANS/VEGANS

