

**USAGE:** Take 1 capsule up to 3 times per day with food or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Co-Q10**, an important antioxidant found in high concentration in human heart and liver, is part of the cells' electron transport system, needed for ATP (i.e., energy) production within the cells.\* **Jarrow Formulas**® Co-Q10 restores Co-Q10 levels reduced by the use of statins.\*

**Jarrow Formulas**® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body.

**Jarrow Formulas**® supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS

Pharmaceutical Grade Coenzyme Q10

# Co-Q10

Cholesterol Antioxidant\*  
Promotes Cellular Energy Production\*

**30**  
MILLIGRAMS

**150**  
CAPSULES

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 150

	Amount Per Serving	% DV
Coenzyme Q10 (Ubiquinone)	30 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin. No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Made in the U.S.A.

KANEKA **Q10**

Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.

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