

This flavorful red palm oil is unrefined and solid at room temperature. Its color reveals antioxidant vitamins A & E in the form of beta-carotene as well as rare tocotrienols and tocopherols of the vitamin E family.

#### DELICIOUS

The rich buttery flavor comes from Nutiva's special filtration process. Perfect in soups, sauces and sautés. It's also our favorite "better than butter" topping for popcorn.

#### HABITAT FRIENDLY

We source our red palm from small organic and fair trade certified family farms to ensure no habitat is harmed.

  
Natural Habitats  
natural-habitats.com

  
1% OF SALES GO TO  
SUSTAINABLE  
AGRICULTURE  
\$3 MILLION+

Through a partnership with Natural Habitats,™ we support local environmental and community efforts with Palm Done Right.™

Try our Hazelnut Spreads, Buttery Coconut Oil, Red Palm Oil, Chia and Hemp products. For delicious recipes, visit [nutiva.com](http://nutiva.com).

**nutiva**<sup>®</sup>  
NURTURE VITALITY™

# red palm oil

ORGANIC  
SUPERFOOD

*A rich, flavorful  
culinary oil*

*Vitamins A & E*



UNREFINED



PROVING THAT PALM OIL  
CAN BE GROWN FOR GOOD  
[www.palmdoneright.com](http://www.palmdoneright.com)

#### Nutrition Facts

Serving Size: 1 Tbsp (15 ml)  
Servings Per Container: About 30

Amount Per Serving  
Calories 130

	% Daily Value*
Total Fat 14g	21%
Saturated Fat 6g	32%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 6g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	

Vitamin A 80% • Vitamin E 10%  
Not a significant source of vitamin C  
or calcium.

\*Percent Daily Values are based on  
a 2,000-calorie diet.

Product of Ecuador  
Packaged in USA

103667-003

INGREDIENTS: ORGANIC FAIR TRADE UNREFINED RED PALM FRUIT OIL

BOTTLED IN A FACILITY THAT PACKS PEANUT OIL.

**Vegan • Non-GMO • 0g Trans Fat  
Non-Hydrogenated • No Hexane**

**DIRECTIONS:** No refrigeration required. Solid at cooler temperatures; easier to spoon if chilled. To melt, place jar in warm water. **Specks and variations** in color and consistency occur naturally in this oil. The deep color can stain some utensils.

#### MANUFACTURED FOR

Nutiva®  
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[www.nutiva.com](http://www.nutiva.com)

#### CERTIFIED ORGANIC

by QAI and ECOCERT  
ICO (US-ORG-016)

#### FAIR TRADE CERTIFIED

by IMO

Certified



Corporation



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