

This product was made with health conscious people in mind. (like us!) Created knowing that key ingredients such as protein and essential fats are at the core of a balanced and healthy lifestyle.

Thank you for allowing us to be part of your journey while unleashing your health and fitness potential!



NET WT. 16OZ. (1LB) 454G

nuts 'n more®

HIGH PROTEIN + PEANUT SPREAD

BIRTHDAY CAKE

HIGH
PROTEIN
SPREAD

GLUTEN
FREE

USA

'n

100%
PRODUCT
SATISFACTION

nuts 'n more®

nuts-n-more.com

Nutrition Facts

Serving Size: 2 tbsp
Servings: 14 (33g)
Calories: 179
Fat Cal. 93

WE SUGGEST STORING
IN A COOL, DRY PLACE
OR REFRIGERATE TO
PRESERVE FRESHNESS.
13°C - 20°C (55°F - 68°F)

OIL SEPARATION MAY
OCCUR, STIR WITH
EVERY USE.

MANUFACTURED
IN THE USA.

	Amount Per Serving	% Daily Value	
Total Fat	11g	17%	
Saturated Fat	2g	10%	
Trans Fat	0g	0%	
Cholesterol	1mg	1%	
Sodium	39mg	1%	
Total Carbohydrate	12g	4%	
Dietary Fiber	2g	8%	
Sugars	7g		
Sugar Alcohol	3g		
Protein	11g	22%	
Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 2%			
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories Per Gram: Fat 9		Carbohydrate 4	Protein 4

Ingredients: peanuts, whey protein isolate, cane sugar, xylitol, cocoa butter, sprinkles (sugar, corn starch, palm oil & palm kernel oil, dextrin, soy lecithin, colored with turmeric, confectioner's glaze, carnauba wax), natural extract, sea salt.

Allergen Warning Contains: peanuts, milk.

May contain traces of almonds and other nuts, cocoa, fruits, raisins and berries. No preservatives added.

Manufactured in the USA by Nuts 'N More LLC, E. Providence, RI 02914

Comments OR Questions? Email Us: questions@nuts-n-more.com

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Please visit www.nuts-n-more.com/contact for details

Contains xylitol: do not feed to pets.