



# Ionic Copper

## 3 mg

A unique blend maximizing absorption, safety and flexibility\*

liquiJmins™



DIETARY SUPPLEMENT  
NET 2 FL OZ (59 mL)

## Supplement Facts

Serving Size 1.25 ml (¼ teaspoon)  
Servings Per Container 48

Amount Per Serving		%DV
Magnesium (from ITM)	15mg	4%
Copper (as Copper Sulfate)	3mg	150%
Ionic Trace Minerals (ITM)	250mg	†

†Daily Value (DV) not established.

**Other Ingredients:** Purified water, potassium sorbate (for freshness), citric acid. **NON-GMO.**

Also contains over 72 naturally occurring ionic trace minerals.

**Allergen Info:** contains no known allergens. **GLUTEN FREE.**

**Suggested Use:** Shake well. Using the metered dropper, take 1.25 mL (¼ teaspoon) daily with juice or food to mask the concentrated mineral flavor. Refrigeration not necessary.

**Ionic Copper** provides 150% of the Daily Value of copper per serving, plus over 72 naturally occurring ionic trace minerals.

Copper is an important mineral that helps to activate the antioxidant enzyme superoxide dismutase. Copper also plays an important role in many physiological processes, including the healthy formation of red blood cells, proper enzymatic reactions, efficient utilization of iron, and maintaining healthy connective tissue, hair, and eyes.\* **CERTIFIED VEGAN.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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American Vegetarian Association

LOT# / BEST BY DATE

