

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ACTUAL SIZE



#### HOW TO TAKE IT

Chew two gummies, no food or water needed.



#### NATURALLY TASTY

A zen blend of strawberry and lemon verbena.

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# GOODBYE STRESS

KEEP CALM & STAY ALERT\*

GABA, L-Theanine  
& Lemon Balm

42  
GUMMIES

DIETARY SUPPLEMENT

21  
SERVINGS

BERRY VERBENA  
with other Natural Flavors

## GOODBYE STRESS EXPERTLY BLENDED



#### GABA

This fast-working active boosts your alpha brain waves to promote relaxation and help combat the acute effects of stress.\* Go GABA!!



#### L-THEANINE

GABA's partner in sublime – this amino acid goes right to work in your brain to support the alpha waves that help you keep your cool.\*



#### LEMON BALM

A soothing botanical that has been used for centuries to help quiet the mind.\*

**Suggested Use:** Chew 2 gummies as needed. No food or water needed. Chew thoroughly before swallowing.

### Supplement Facts

Serving Size 2 Gummies / Servings Per Container 21

| Amount Per Serving   | % Daily Value† |     |
|--|----------------|-----|
| Calories   | 15             |     |
| Total Carbohydrate   | 3g             | 1%† |
| Sugars   | 2g             | **  |
| GABA (gamma-aminobutyric acid)                                     | 100 mg         | **  |
| Lemon Balm Extract<br>( <i>Melissa Officinalis</i> , aerial parts) | 75 mg          | **  |
| L-Theanine   | 50 mg          | **  |

† Percent Daily Value based on 2,000 calorie diet

\*\* Daily Value (DV) not established

**Other Ingredients:** Glucose Syrup, Beet Sugar, Water, Gelatin, Citric Acid, Natural Flavors, Color (from sweet potato, radish, apple, tomato, and pepper), Pectin (from fruit), Vegetable Oil & Carnauba Wax (to prevent sticking).

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

#### KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place.

GLUTEN FREE



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