



CORE SERIES

DIETARY SUPPLEMENT  
60 CAPSULES

# Z-CORE PM™

ANABOLIC MINERAL SUPPORT FORMULA WITH FENUGREEK



## SUPPORTS NATURAL TESTOSTERONE LEVELS & MUSCLE STRENGTH

- PROMOTES DEEP SLEEP & RECOVERY\*
- SUPPORTS HEALTHY LIBIDO FUNCTION\*
- 60 SERVINGS\*

**SUGGESTED USE:** Take 1-2 capsules daily for men and 1 capsule daily for women, preferably on an empty stomach, 30-60 minutes prior to bedtime.

### SUPPLEMENT FACTS

Serving Size: 1 capsule  
Servings Per Container: 60

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	150%
Copper (as Copper Glycinate)	10 mcg	0.5%
Magnesium (as Magnesium Aspartate)	113 mg	28.25%
Zinc (as Aspartate)	7.5 mg	50%
Proprietary Trigonella foenum graecum extract standardized for 50% Saponins	50 mg	*
Melatonin	3 mg	*

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily value not established.

**Other Ingredients:** Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

**ALLERGEN WARNING:** This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat, and peanuts.

**STORAGE CONDITIONS:** Store in a cool dry place.

**WARNING:** Check with a qualified healthcare professional before using this product if you are pregnant, nursing a baby, under 18 years of age, or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s). Individuals under 18 years of age are restricted from purchasing this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. Consult a physician if using more than 4 weeks. **KEEP OUT OF REACH OF CHILDREN.**



## DEMAND MORE OF YOUR BODY GET Z-CORE PM™

MusclePharm® Z-Core PM™ promotes deeper and more efficient sleep to maximize healing, tissue repair, anabolic hormone production, testosterone levels and muscle growth. It delivers the benefits of precise dosages and Z-Core PM™ ingredient ratios, and adds the synergistic effects of fenugreek to support natural levels of free testosterone and healthy libido function in women and men. ▼

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For: MusclePharm™ Corp. 4721 Ironton St. Bldg. A, Denver, CO 80239 USA Made in a cGMP Certified Facility. Packaged In USA.

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