

Conforms to USP <2091> for weight.  
No Wheat, Gluten Free, No Dairy.

**Luteinmax**  
LUTEIN & ZEAXANTHIN 2020  
Lutemax® 2020 is a trademark of  
OmniActive Health Technologies.

\*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

ACTUAL SIZE

\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

# GNC MEGA MEN® Prostate & Virility

✓ **Overall Health**  
Includes 40 mcg (1600 IU) of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.\*

Features powerful antioxidants to help your body defend against the damage of free radicals.\*

✓ **Prostate Health**  
Combines saw palmetto with selenium and lycopene to help support optimal prostate health and normal urinary flow.\*

✓ **Sexual Health**  
Supplies L-arginine, an amino acid shown to help maintain blood vessel tone and play a role in sexual health.\*

# GNC MEGA MEN® Prostate & Virility

Dietary Supplement

## CLINICALLY STUDIED MULTIVITAMIN BLEND\*

- With 40 mcg (1600 IU) of vitamin D-3 for colon health & immune support\*
- Prostate health support with saw palmetto & lycopene\*
- Sexual health support with arginine & herb blend\*
- Fights free radicals with advanced antioxidant blend\*

Timed-Release

90 CAPLETS  
45-DAY SUPPLY



CLINICALLY  
STUDIED\*

CODE 200410 EUG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol D-3)	40 mcg (1600 IU)	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	147%
Vitamin K (as Phylloquinone)	80 mcg	67%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	200 mg	15%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200mcg	364%
Copper (as Cupric Oxide)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Saw Palmetto Berries ( <i>Serenno repens</i> )	100 mg	*
Pumpkin Seed Meal ( <i>Cucurbita pepo</i> )	60 mg	*
Yohimbe Bark Extract ( <i>Pausinystalia yohimbe</i> ) (2% Yohimbine Alkaloids = 1 mg)	50 mg	*
alpha-Lipoic Acid	25 mg	*
Horny Goat Weed Powder ( <i>Epimedium sagittatum</i> )	20 mg	*
Maca Root Powder ( <i>Lepidium meyenii</i> )	20 mg	*
L-Arginine (as L-Arginine Hydrochloride)	10 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax® 2020 Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i> )	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

\* Daily Value not established.  
OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Ethyl Vanillin, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc. CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof). WARNING: Do not exceed recommended daily intake. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.