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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548



SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222



This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GND vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antividants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

#### CHE OHALITY COMMITMEN

your best life!

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

#### GNC

## MEGA MEN<sup>°</sup> Sport

More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

#### Men's Health

Contains a clinically studied men's multivitamin shown to work better than a basic multivitamin. Helps support colon and prostate health.\*

#### Performance

Features beta-alanine, a high-efficiency muscle pH buffer, and carnitine, which helps use fatty acids as energy.\*

#### Muscle Function

Features branched chain amino acids to fuel muscles. Also supports muscles by providing essential electrolytes that may be lost during intense exercise, including calcium, which plays a role in mediating muscle contraction.\*

#### Antioxidants

Packed with antioxidants to help fight free radicals that can be produced during your workout.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# MEGA MEN° Sport

**Dietary Supplement** 

#### CLINICALLY STUDIED MULTIVITAMIN'

- Performance
- Muscle Function
- Antioxidants

Timed-Release

180 CAPLETS

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

### **Supplement Facts**

% Daily Value

Serving Size Two Caplets Servings Per Container 90 Amount Per Serving

Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol D-3)	
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU100%
Vitamin K (as Phytonadione)	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2)	
Niacin (as Niacinamide & Niacin)	
Vitamin B-6 (as Pyridoxine Hydrochloride)	
Folic Acid	
Vitamin B-12 (as Cyanocobalamin)	50 mca 833%
Biotin	300 mca 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg 20%
lodine (as Potassium Iodide)	
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mca 286%
Copper (as Copper Sulfate)	
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromium Chloride)	100 mag 1000/
Molybdenum (as Sodium Molybdate)	75 mag 100%
Chloride (as Potassium Chloride)	70 mg 100 /6
Potassium (as Potassium Chloride)	
rotassium (as rotassium onjonue)	
Sports Blend	
Beta-Alanine (as CarnoSyn®)	10 ma
Taurine	10 mg
Choline (as Choline Bitartrate)	10 mg
Inosito	
MSM (Methylsulfonyl-methane)	
L-Carnitine (as L-Carnitine L-Tartrate)	6 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Sodium Borate)	
Celery Juice Concentrate (Apium graveolens)	1 9 ma *
Hyaluronic Acid (as Sodium Hyaluronate)	
Vanadium (as Sodium Metavanadate)	10 mca *
Super Antioxidant Blend	To may
alpha-Lipoic Acid	25 mg
Lutemax® 2020 Lutein	2 mg
Lycopene	1 mg
Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(Standardized to Cu	rouminoido\ E00 mog
Zeaxanthin (as Zeaxanthin Isomers)	rounninoids) 500 IIICg
Address to the second of the s	
Astaxanthin (from Haematococcus pluvialis)	ou mcg
beta-Cryptoxanthin	

\* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Caramel Color, Stevia Leaf Extract

#### CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP < 2001 > for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free,

Branched Chain Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine).....

