

# Nutrition Facts

Serving Size: 1 Cookie (92g)  
Servings Per Container: 6

Amount Per Serving  
Calories 350      Calories from Fat 80

% Daily Value\*

Total Fat 9g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 200mg	8%
Total Carbohydrate 49g	16%
Dietary Fiber 8g	32%
Sugars 14g	
Protein 18g	36%

Vitamin A 4%      Vitamin C 2%  
Calcium 8%      Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Ingredients: Baked Protein Cookie Blend (Brown Rice Flour, Vegetable Glycerin, Whey Protein Concentrate, Chicory Root, Fiber, Confetti Pieces [Sugar, Corn Syrup, Corn Cereal, Corn Starch, Palm Oil, Natural Flavors, Coloring Agents (Fruit and Vegetable Extracts, Beta-Carotene, Turmeric, Paprika)], White Chocolate Wafers [Sugar, Vegetable Oils [Palm, Palm Kernel], Non-Fat Dry Milk, Whole Milk Solids, Soy Lecithin, Vanilla], Margarine [Palm Oil, Water, Soybean Oil, Whey, Mono and Diglycerides, Natural Butter Flavor, Beta-Carotene, Vitamin A Palmitate], Sugar, Water, Palm Oil, Natural Flavor, Baking Soda, Salt, Natural Colors [Beet Extract, Rice Bran Extract, Annatto, Turmeric], Potassium Sorbate, Almond, Peanut, Sucralose), Isolated Soy Protein. Contains milk, soy, almond and peanut ingredients. Manufactured in a facility that also processes wheat, tree nut and egg ingredients.

MuscleTech® is America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. Made in the U.S.A. from domestic and international ingredients.  
© 2017. For lot no. and best before date: see box.

FOR MORE INFORMATION, VISIT  
   **MUSCLETECH.COM**

†11% more protein, 9% fewer carbs and 53% less sugar than the next leading competitor, which has 16g of protein, 54g of carbs and 30g of sugar.

**NEW!**

**MUSCLETECH**  
RESEARCH & DEVELOPMENT

THE BEST SOFT BAKED

**PROTEIN  
COOKIE**

**18g  
PROTEIN**  
WHEY PRIMARY SOURCE

**WHEY  
PROTEIN**  
PRIMARY SOURCE

**8g  
FIBER**

**GLUTEN  
FREE**

**NO ARTIFICIAL  
COLORS OR  
FLAVORS**

**DELICIOUS  
GOURMET  
TASTE!**

**BIRTHDAY CAKE**  
NATURALLY FLAVORED

6 x 3.25 oz. (92g) COOKIES • NET WT. 19.5 oz. (552g)

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RESEARCH & DEVELOPMENT

THE BEST SOFT BAKED  
**PROTEIN  
COOKIE**

THE SUPERIOR PROTEIN COOKIE

Fuel up on quality ingredients you can feel good about! From the biggest name in protein comes a breakthrough cookie that'll satisfy your muscles – and your taste buds. These delicious, protein-packed, gluten-free cookies are a quick, on-the-go treat for every fitness enthusiast. With 18g of protein and 8g of fiber, it's a guilt-free indulgence you can feel good about! Try one today!

18g of Protein

Whey Protein  
Primary Source

Zero Inferior Wheat Protein

Excellent Source of Fiber

Gluten Free

No Artificial Flavors

No Artificial Colors

Zero Trans Fat



\*REMOVE COOKIE FROM PACKAGING BEFORE MICROWAVING.

**MORE PROTEIN • FEWER CARBS • LESS SUGAR**  
VS. NEXT LEADING COMPETITOR!

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