

Conforms to USP <2091> for weight,  
No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.  
CurcuWIN™ and Lutemax® 2020 trademarks belong to OmniActive Health Technologies.

**KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.**

For More Information:  
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**GNC**

## WOMEN'S ULTRA MEGA® Active



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

- ✔ **Women's Health**  
Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.\* Helps support bone health.\*
- ✔ **Energy Production**  
Shown to improve levels of key B vitamins\* essential for energy production.\*
- ✔ **Recovery**  
Packed with ingredients to help fight free radicals that can be produced from your workout.\*
- ✔ **Antioxidants**  
Includes antioxidants for cell protection and stress defense.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC**

## WOMEN'S ULTRA MEGA® Active

Dietary Supplement

### CLINICALLY STUDIED MULTIVITAMIN\*

- Energy Production
- Recovery
- Antioxidants



CLINICALLY  
STUDIED\*

Timed-Release  
90 CAPLETS

CODE 202012

Directions: As a dietary supplement, take two caplets daily with food.

KRG

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU..... 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg..... 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU..... 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU..... 100%
Vitamin K (as Phytonadione)	80 mcg..... 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg..... 3333%
Riboflavin (Vitamin B-2)	50 mg..... 2941%
Niacin (as Niacinamide & Niacin)	50 mg..... 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg..... 2500%
Folic Acid	400 mcg..... 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg..... 833%
Biotin	300 mcg..... 100%
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg..... 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg..... 50%
Iron (as Ferrous Fumarate)	18 mg..... 100%
Iodine (as Potassium Iodide)	150 mcg..... 100%
Magnesium (as Magnesium Oxide)	100 mg..... 25%
Zinc (as Zinc Oxide)	25 mg..... 167%
Selenium (as L-Selenomethionine)	200 mcg..... 286%
Copper (as Copper Sulfate)	2 mg..... 100%
Manganese (as Manganese Sulfate)	2 mg..... 100%
Chromium (as Chromium Chloride)	120 mcg..... 100%
Molybdenum (as Sodium Molybdate)	75 mcg..... 100%

### Super Antioxidant Blend

alpha-Lipoic Acid	25 mg.....*
Lutemax® 2020 Lutein	2 mg.....*
Lycopene	1 mg.....*
Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(Standardized to Curcuminoids)	500 mcg.....*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg.....*
Astaxanthin (from Haematococcus pluvialis)	50 mcg.....*
beta-Cryptoxanthin	10 mcg.....*

### Performance Energy & Metabolism Blend

Green Tea Leaf Extract (Camellia sinensis)(Standardized to EGCG)	30 mg.....*
Choline (as Choline Bitartrate)	10 mg.....*
Betaine (Trimethylglycine)	10 mg.....*
Inositol	10 mg.....*
Boron (as Sodium Borate)	2 mg.....*
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg.....*
Vanadium (as Sodium Metavanadate)	10 mcg.....*

### Joint & Skin Support Blend

MSM (Methylsulfonyl-methane)	12 mg.....*
Silica (as Silicon Dioxide)	4 mg.....*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg.....*

\* Daily Value not established.

**Other Ingredients:** Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Talc, Natural Vanilla Mint Flavor, Chlorophyll, Stevia Leaf Extract.  
**CONTAINS: Fish and Soybeans.**

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.