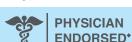
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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

### 1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222



• This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

In a randomized, double-blind, placebo-controlled study of 112 healthy volunthers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamin (thaimin, inacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tecophero), selentium, Lutein and lycopene). Statistical improvements in SF-38 Vitality and Mental Health scores were also observed compared to placebo.

### GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.



## WOMEN'S ULTRA MEGA® Energy & Metabolism



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

## Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health.\*

## Energy

Shown to improve levels of key B vitamins<sup>^</sup> essential for energy production.\*

## Calorie Burning

Features a combination of thermogenic ingredients that may support calorie burning and mental sharpness.\*

## Antioxidants

Packed with antioxidants to help fight free radicals that can be produced by intense exercise.\*





# WOMEN'S ULTRA MEGA® Energy & Metabolism

Dietary Supplement

### CLINICALLY STUDIED MULTIVITAMIN'

- Energy
- Calorie Burning
- Antioxidants



#### ODE 202312

Directions: As a dietary supplement, take two caplets daily with food.

## **Supplement Facts**

Serving Size Two Caplets Servings Per Container 45 Amount Per Serving

Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)
Vitamin C (as Ascorbic Acid & Calcium Ascorbate). 200 mg. 333%
Vitamin D (as Cholecalciferol D-3). 1600 IU. 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)
Vitamin K (as Phytonadione) 80 mcn 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)50 mg,3333%
Riboflavin (Vitamin B-2) 50 mg 2941%
Niacin (as Niacinamide & Niacin) 50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)50 mg2500%
Folic Acid 400 mcg 100%
Vitamin B-12 (as Cyanocobalamin) 50 mcg. 833%
Bigtin 300 mcg 100%
Biotin 300 mcg 100% Pantothenic Acid (as Calcium d-Pantothenate) 50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)
Iron (as Ferrous Sulfate)
lodine (as Potassium lodide)150 mcg100%
Magnesium (as Magnesium Oxide)
7inc (as 7inc Oxide) 25 mg 167%
Selenium (as L-Selenomethionine) 200 mcg 286%
Copper (as Copper Sulfate) 2 mg. 100%
Manganese (as Manganese Sulfate) 2 mg 100%
Chromium (as Chromium Chloride)
Molybdenum (as Sodium Molybdate),
Super Antioxidant Blend
alpha-Lipoic Acid*
Lutemax® 2020 Lutein
Lycopene1 mg
Turmeric Root Extract (CurcuMM")(Curcuma longal/(Standardized to Curcuminoids)500 mcg
Zeaxanthin (as Zeaxanthin Isomers)*
Astaxanthin (from Haematococcus pluvialis)*
beta-Cryptoxanthin
Energy & Metabolism Blend*
Caffeine Anhydrous, Green Tea Extract (Camellia sinensis)(Standardized to Polyphenols), Capsimax®
Capsicum Seed Extract (Capsicum annuum), Black Pepper Fruit Extract (Piper nigrum)
(Standardized to Piperine), Boron (as Sodium Borate), Vanadium (as Sodium Metavanadate)

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

Silica (as Silicon Dioxide) 4 mg

### CONTAINS: Fish and Sovbeans.

\* Daily Value not established

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

### Contains 100 mg of caffeine.

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

AQG

% Daily Value

<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.