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ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

#### SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** 

Pittsburgh, PA 15222 USA

#### **OUR QUALITY COMMITMENT TO YOU**

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.





## Ultra Mega® Green

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.

## **WOMEN'S HEALTH**

Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health and iron for energy support and muscle function.\*

**HEART** Supports heart health and

cardiovascular function.\*

#### **BONE**

Includes nutrients essential for building and maintaining healthy bones.\*

#### **BEAUTY**

Packed with antioxidants to defend against cell aging plus lutein for skin hvdration.\*

 $^st$  These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## GNC Super Foods

# Ultra Mega<sup>®</sup> GREEN Women's

DIFTARY SUPPLEMENT

#### WHOLE FOOD ENHANCED MULTIVITAMIN

Provides heart, bone and beauty support\*



**GLUTEN** 

FRFF







RESEARCHED



CODE 203312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

### **Supplement Facts**

Serving Size Two Caplets Servings Per Container 30

Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	5000 IU	100%	Fruit & Vegetable	100 mg *
Vitamin C	100 mg	167%	Antioxidant Blend	d =6 C C-#
Vitamin D	1000 IU	250%	Spectra." Total DRAC Blend of E-Geen Coffee chartast, Boscold Spour Devoker, Green Tea Extract, Dionic E-Ground Forder, Green Tea Extract, Caru Caru Caru Chrard, Aprecia Chrard, Azonda Chrard, Caru Caru Chrard, Charellin, Ginnalo Powder, Boscola Powder, Asa Faril Powder, Lumrent Foot Cartact, Casife Powder, Basal Leaf Powder, Oregano Leaf Powder, Chinamon Bark, Mangostein Fruit Powder, Basal Currant Trail Extract, Blusberry Fruit Extract, Suever Cherry Fruit Powder, Blackberry Fruit Powder, Chockberry Fruit Powder, Bass Chrard Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Spinach Leaf Powder, Spinach Powder, Spina	
Vitamin E	30 IU	100%		
Vitamin K	80 mcg	100%		
Thiamin (Vitamin B-1)	5 mg	333%		
Riboflavin (Vitamin B-2)	5 mg	294%		
Niacin	25 mg	125%		
Vitamin B-6	25 mg	1250%		
Folic Acid	400 mcg	100%		
Vitamin B-12	150 mcg	2500%		
Biotin	300 mcg	100%		
Pantothenic Acid	25 mg	250%	Powder, Bilderry Fruit Extr	act, brussels Sprout
Calcium	50 mg	5%	Lycopene (from Tomato)	1 mg *
Iron	18 mg	100%	Zeaxanthin	400 mcg *
lodine	150 mcg	100%	(as Zeaxanthin Isomers)	
Magnesium	25 mg	6%	Women's Health &	
Zinc	20 mg	133%	Beauty Blend Cranberry Fruit Extract, Ho	17 mg *
Selenium	200 mcg	286%	Lutemax® 2020 Lutein	136 Oriestriat Occu,
Copper	2 mg	100%	Digestive Health	
Manganese	2 mg	100%	& Comfort Blend	20 mg *
Chromium	120 mcg	100%	Ginger Root Extract (5% Gi Cellulase, Bromelain, and I	
Molybdenum	75 mcg	100%		
			* Daily Value not established	

Other Ingredients: Cellulose, Ferrous Sulfate HPC1, Niacinamide1, Ascorbic Acid1, Calcium Carbonate, Calcium Ascorbate, Zinc Oxide\*, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate\*, Stearic Acid Vegetable Source, Magnesium Oxide, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate<sup>1</sup>, Magnesium Stearate Vegetable Source, Manganese Sulfate<sup>‡</sup>, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Zinc Oxide, Riboflavini, Ergocalciferol, Pyridoxine Hydrochloride<sup>‡</sup>, Vitamin A Palmitate<sup>‡</sup>, Thiamin Hydrochloride<sup>‡</sup>, Niacinamide, Phytonadione, Phytonadione<sup>+</sup>, Magnesium HPC<sup>+</sup>, Folic Acid<sup>+</sup>, Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin\*, Sodium Selenate\*, Copper Sulfate, Chromium Chloride<sup>+</sup>, Folic Acid, Sodium Molybdate<sup>+</sup>, Molybdenum HPC<sup>+</sup>, Cyanocobalamin\*, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll. \*Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

†HPC (Hydrolyzed Protein Chelate)

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6, Keep this product out of reach of children, In case of accidental overdose, call a doctor or poison control center immediately.