

Scan for
product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) capsule daily with or without food, or as recommended by a healthcare practitioner. Certified European Milk Thistle is both grown and processed in Europe. This premium quality extract is triple standardized to the main active compound, silymarin, but also standardized to three highly active isomers (silibinins, isosilybin A and B).

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q01522C

LifeExtension®

European Milk Thistle

(Silymarin-Silibinins-Isosilybin A & B)



Supports a Healthy
Liver and Prostate*

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

| Amount Per Serving | % Daily Value |
|---|---------------|
| Milk Thistle extract (seed) [providing 600 mg Silymarin, 225 mg Silibinins, 60 mg Isosilybin A and Isosilybin B] | 750 mg ** |

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), silica, vegetable stearate, rice flour.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.