Directions: Take 4 capsules 30-60 minutes before bed

WARNING: This product is intended to be consumed by healthy adults 18 years of age or older. It is designed for individuals interested in bodybuilding who generally do not have health problems. Preganant or nursing women should not use this product. Consult with a licensed physician before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any preexisting medical condition including but not limited to: high or low blood pressure, high or low cholesterol, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, osteoporosis, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAO-B inhibitor or any other medication. Do not take this product if you have been diagnosed with prostate cancer, testicular cancer or breast cancer. Discontinue use 2 weeks prior to surgery. Discontinue use and immediately consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing, KEEP OUT OF REACH OF CHILDREN.

ZMA® is a registered trademark of SNAC System Inc, San Carlos, CA 94070

TruFulvic® is a registered trademark of Natreon Inc under US patents 7,250,181; 6,969,612; 6,440,436; 6,558,712; 8,894,993; and other pending patents

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



30

Patented Complexes 200mg

Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

Amount Per S	erving	%D\
Vitamin B6 (as pyridoxine HCI)	10.5 mg	525%
Magnesium (as magnesium aspartate)	450 mg	112%
Zinc (as mono-L-methionine and aspartate)	30 mg	200%
Shilaiit Fulvic Acid Complex	200 ma	*

(TruFulvic®)
*Daily Value Not Established

Other Ingredients: Gelatin, Silicon Dioxide, Magnesium

Stearate, Titanium Dioxide Color

Manufactured for Physique Enhancing Science (3665 East Bay Dr. #204-155, Largo, FL 33771. USA. Ph: 888-885-0195). **PESCIENCE.COM**



Superior Essentials

TruZMA

ZMA® + TruFulvic®

Formulated From Science[†]

- Patented ZMA® Complex
- Patented TruFulvic® Shilajit
 Fulvic Acid Complex
- 30-Day Supply

DIETARY SUPPLEMENT

120 CAPSULES