

Premium liquid coconut oil with a spicy blend of chilies, garlic and vinegar notes.

## **DELICIOUS USES**

• Fresh or chilled; salsas, sauces, dips and dressings

350°

- Spicy marinades for meat and vegetables
- Baking & sautéing

up to 350°

## THE RIGHT CHOICE

- · Smart alternative cooking oil
- · Stays liquid when refrigerated
- Energy source with 13 g of MCTs
- Non-hydrogenated: No trans fat (See nutritional information for fat content)



## **Nutrition Facts**

Serving Size 1 Tablespoon (15 mL) Servings per Container 20

## Amount Per Serving

Protein 0 a

Calories 130 Calories from Fat 130 % Daily Value\*

22% Total Fat 14 g Saturated Fat 13 g 67% Trans Fat 0 g Polyunsaturated Fat <0.5 g Monounsaturated Fat < 0.5 g Cholesterol 0 mg 0% Sodium 0 a Total Carbohydrate 0 g 0%

Not a significant source of fiber, sugars, vitamin A. vitamin C. calcium, or iron.

\*Percent Daily Value based on a 2.000 calorie diet.

Ingredients: Coconut Oil, Sriracha Flavor, Natural

Jalapeño Pepper Flavor, Natural Garlic Flavor with Other Natural Flavors

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Questions? 1-800-9NATURE / naturesway.com

No refrigeration required. Store in a cool, dry place. Safety sealed for your protection. Do not use if inner freshness seal under bottle cap is broken or missing. Product of Singapore.

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**RPA FREE** 

