No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

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KEEP OUT OF REACH OF CHILDREN, Store in a cool, dry place. For More Information:



SHOP NOW @ GNC.COM

1-888-462-2548

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantioneria cald, ibitin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-teoophero, selenium, lutein and lyopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

GNC

WOMEN'S ULTRA MEGA® without Iron & lodine



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

✓ Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health.*

Antioxidants

Packed with antioxidants for cell protection and stress defense.*

Immune Support

Supports immune health with 30% more absorption of key immune and stress defense nutrients.**

Beauty

Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration for skin elasticity.*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

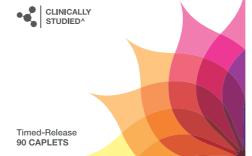
GNC

WOMEN'S ULTRA MEGA® without Iron & lodine

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Antioxidants
- Immune Support*
- Beauty



F 202612

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU.	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg.	333%
Vitamin D (as Cholecalciferol D-3)	1600 IŬ .	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)		100%
Vitamin K (as Phytonadione)		100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg.	3333%
Riboflavin (Vitamin B-2)	50 mg.	2941%
Niacin (as Niacinamide & Niacin)	50 mg.	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg.	2500%
Folic Acid		
Vitamin B-12 (as Cyanocobalamin)	50 mcg.	833%
Biotin		
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg.	500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg.	50%
Magnesium (as Magnesium Oxide)	50 mg.	13%
Zinc (as Zinc Oxide)	15 mg.	100%
Selenium (as L-Selenomethionine)	200 mcg.	286%
Copper (as Copper Sulfate)	2 mg.	100%
Manganese (as Manganese Sulfate)	2 mg.	100%
Chromium (as Chromium Chloride)		100%
Molybdenum (as Sodium Molybdate)	75 mcg,	100%

Super Antioxidant Blend alpha- Lipid Add. 25 mg alpha- Lipid Add. 25 mg Library 200 Library Librar

Povote Apple Fruit Powder, Kiw Fruit Powder
early Bland
Green Tea Leaf Schrach (Carnella sinensis)(Standardized to Polyphenols). 14 mg
Green Tea Leaf Schrach (Carnella sinensis)(Standardized to Polyphenols). 4 mg
Hydlurone Acid (as Scotlum Hydluronate). 1 mg
Grape Seed Schrach (Villis winders/Standardized to Polyphenols). 1 mg
Train Heafth Bland
Choline (as Choline Bitartrate). 10 mg
Incistol. 10 mg
GABA (gamma-Aminobutyric Acid). 1 mg
GABA (gamma-Aminobutyric Acid). 1 mg
GABA (gamma-Aminobutyric Acid). 1 mg
Varandium (as Scotlum Metavarandate). 10 mg.

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091 > for weight.